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- **The title** should be short, specific and informative. Maximum title consists of 20 words (not exceeding 80 letters and spaces) with capital letters on the first letter of each word according to the Enhanced Spelling and center location. Titles can be written in English or Indonesian.
- **Author Name** includes the full name of the author, affiliate author, affiliate name and address, and is written in sequence using the number symbol (1).

#### Example:

Farapti<sup>1</sup>, Qonita Rachmah<sup>2</sup>, Emalia Rhitmayanti<sup>3</sup>, Mahmud Aditya Rifqi<sup>4</sup>

<sup>1</sup> Departemen Gizi Kesehatan  
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<sup>2</sup> Department of Nutrition and Dietetics  
Institute of Nutrition – Mahidol University  
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<sup>3</sup> Departemen Gizi Kesehatan  
Fakultas Kedokteran – Universitas Brawijaya  
Indonesia

<sup>4</sup> Departemen Gizi Masyarakat  
Fakultas Ekologi Manusia–Institut Pertanian Bogor  
Indonesia

- **Abstracts** should be structured with short descriptions (containing no more than 250 words, formatted in singlespace, and only one paragraph). The abstract should be written in English and Indonesian. Footnotes, references, and abbreviations are not used in abstracts. Abstracts in the research report should consist of "Background:", "Purpose:", "Method:", "Result:" and "Conclusion:" typed in bold in one paragraph.
- **Keywords** contain 3-5 words and / or phrases and should be written underneath the abstract. Keywords must be written in English and Bahasa Indonesia with words or sentences in accordance with scientific standards.
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- **Methods** contain clear descriptions of the tools and materials used and research schemes and methods useful for other researchers to replicate and check validity if necessary. Reference should be given to the method used. Studies that use animal or human subjects should include evidence of applicable ethical research.
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1. Sylvia, A. B., RoseAnn, M. & John, B. K. Hygiene practices and food contamination in managed food service facilities in Uganda. *African J. Food Sci.* 9, 31–42 (2015).
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1. Idrus Jus'at. Penyimpangan positif masalah KEP di Jakarta Utara dan di Pedesaan Kabupaten Bogor Jawa Barat. in *Prosiding WNPG VII* 153–156 (Lembaga Ilmu Pengetahuan Indonesia, 2000).
2. Rachmah, Q., Wantanee, K. Energy Distribution Of Macronutrient Among Adolescents In Indonesia: Secondary Analysis Of Total Diet Study Data. in *4th Asian Academic Society International Conference (AASIC) 2016* 170–176 (2016).

### Format for citing bachelor thesis, master thesis or dissertation:

1. Umasangaji, M. Hubungan Antara Asupan Energi Protein, Status Gizi Dengan Kesegaran Jasmani Pada Anggota Klub Tenis Meja Satelit Dan Salero Star Kota Ternate. (Universitas Politeknik Kesehatan, 2012).
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1. Herdian H, Pudjiono PI, Angwar M. Sari tempe kental manis dan proses pembuatannya. HC-H3.02.P01.012.1796/2006.

## 2. FORMAT FOR LITERATURE REVIEW

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- Reviews contain **points and detailed items** based on literature / literature that correlate with the subject covered, which will be discussed in the discussion section.
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