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FOREWORD

By giving thanks to God Almighty, finally, volume 6 issue 4 of September 2022 Amerta Nutrition can be published. Amerta Nutrition (Amerta Nutr.) is a scientific journal published every 3 months. Amerta Nutrition functions as communication for disseminating scientific information from research results and literature reviews. Amerta Nutrition is targeted to become a source of scientific information for lecturers, researchers, students, and the general public who are interested in nutrition and health. Amerta Nutrition tries to always present a variety of scientific articles in the scope of Health Nutrition that are interesting and up-to-date.

In this edition of September 2022, Amerta Nutrition presents several articles with various main topics in the health sector, clinical nutrition, public health, dietary, as well as food management and technology. With the publication of issue 4 volume 6, Amerta Nutrition has reached a significant milestone in that it has published 5 consecutive years of 5 volumes with a total of 23 issues. The existence of the scientific journal Amerta Nutrition is expected to be a leverage for developing a communicative writing culture and scientific studies as well as attracting readers and writers to participate in the upcoming issue of Amerta Nutrition. Hopefully, the thoughts presented by Amerta Nutrition can provide benefits and enrich the knowledge base for readers.

Editor-in-Chief



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