

## AUTHOR GUIDELINES

*Amerta Nutrition* only publishes original articles and literature reviews related to all nutritional disciplines. Articles will be considered for publication on condition that they have not been published or sent to other journals. Articles can be classified as research reports or literature reviews that can help readers obtain information on nutritional issues as well as various studies in nutrition science. The article should also support the advancement of science, education, and the development of nutritional practices. The manuscript shall be published in Bahasa Indonesia or English, therefore the author shall ensure that the manuscript is collected in accordance with Indonesian or English writing principles and there is no error in the wording. The length of the manuscript should also be proportional. The manuscript is submitted in softcopy via e-mail. The script should be typed using MS Word program, Calibri font, 14 pt size for title, and 11 pt for other than the title, double-space with left, right, up, and bottom margin of 2.5 cm. Titles are typed in bold, while Latin names are typed in italic. Article length can not be less than 10 pages and not more than 14 pages. The author must also follow the guidelines for the preparation of manuscripts according to the type of script to be published.

### 1. WRITING FORMAT RESEARCH REPORT

- **The title** should be short, specific, and informative. The maximum title consists of 20 words (not exceeding 80 letters and spaces) with capital letters on the first letter of each word according to the Enhanced Spelling and center location. Titles can be written in English or Indonesian.
- **Author Name** includes the full name of the author, affiliate author, affiliate name, and address, and is written in sequence using the number symbol (1).

#### Example:

Farapti<sup>1</sup>, Qonita Rachmah<sup>2</sup>, Emalia Rhitmayanti<sup>3</sup>, Mahmud Aditya Rifqi<sup>4</sup>

<sup>1</sup> Departemen Gizi Kesehatan  
Fakultas Kesehatan Masyarakat – Universitas Airlangga  
Indonesia

<sup>2</sup> Department of Nutrition and Dietetics  
Institute of Nutrition – Mahidol University  
Thailand

<sup>3</sup> Departemen Gizi Kesehatan  
Fakultas Kedokteran – Universitas Brawijaya  
Indonesia

<sup>4</sup> Departemen Gizi Masyarakat  
Fakultas Ekologi Manusia–Institut Pertanian Bogor  
Indonesia

- **Abstracts** should be structured with short descriptions (containing no more than 250 words, formatted in singlespace, and only one paragraph). The abstract should be written in English and Indonesian. Footnotes, references, and abbreviations are not used in abstracts. Abstracts in the research report should consist of "Background:", "Purpose:", "Method:", "Result:" and "Conclusion:" typed in bold in one paragraph.
- **Keywords** contain 3-5 words and / or phrases and should be written underneath the abstract. Keywords must be written in English and Bahasa Indonesia with words or sentences in accordance with scientific standards.
- **The correspondent author** contains the details of the author data in charge with the detailed address and e-mail (consisting of full name, name of institution, address, telephone number, fax number, and email address).

- **Introduction** consists of background issues, problem formulation, research objectives and benefits.
- **Methods** contain clear descriptions of the tools and materials used and research schemes and methods useful for other researchers to replicate and check validity if necessary. Reference should be given to the method used. Studies that use animal or human subjects should include evidence of applicable ethical research.
- **Acknowledgments** for all research contributors, if any, should be stated briefly on the manuscript before reference.
- **References** should be arranged in accordance with the **Nature system**. Journal managers advise authors to use **Mendeley-specific app** or other reference apps (for example: Endnote, Zotero, RefWorks). References should be numbered consecutively in the order in which the citation is first mentioned in the text, written with superscript and placed at the end of the text in numerical rather than in alphabetical order. Reference must be valid, 80% comes from publications in the last 10 years and contains at least 40% of primary references (from journals, theses, dissertations, and patent documents). Unpublished sources, such as a preparatory or personal communication script, can not be accepted as a reference. Only the sources cited in the text appear in the reference list. The author's name should be written consistently. Number and volume of journal should be included. Editions, publishers, cities, and page numbers of textbooks should be included. Referrals downloaded from the internet, including access times and web addresses, should also be included. Abbreviations of journal names should be written in full. All research reports must have more than 10 references.

#### **Format for citing journal article:**

1. Sylvia, A. B., RoseAnn, M. & John, B. K. Hygiene practices and food contamination in managed food service facilities in Uganda. *African J. Food Sci.* 9, 31–42 (2015).
2. E, A. S. A. H., Hussein, H., W, A. F., E, E. S. & Wasfy, A. Hygienic Practices Among Food Handlers in Dubai. *Int. J. Prev. Med. Reserach* 1, 101–108 (2015).

#### **Format for citing book:**

1. Adriani, M., Wirjatmadi, B. Peranan Gizi dalam Siklus Kehidupan. (Penerbit Kencana, 2014).
2. Kuntoro. Metode Sampling dan Penentuan Besar Sampel. (Pustaka Melati IKAPI, 2008).

#### **Format for citing electronic publication:**

1. Pusat Data dan Informasi Kementerian Kesehatan Republik Indonesia. Situasi Kesehatan Kerja 2015. (2015). Available at: <http://www.depkes.go.id/download.php?file=download/pusdatin/%0Ainfodatin/InfoDatin-2015.pdf.%0A>.
2. International Labour Organization. Keselamatan dan kesehatan kerja. (2013). Available at: [http://www.ilo.org/wcmsp5/groups/public/-asia/-ro-bangkok/-ilo-jakarta/documents/publication/wcms\\_237650.pdf](http://www.ilo.org/wcmsp5/groups/public/-asia/-ro-bangkok/-ilo-jakarta/documents/publication/wcms_237650.pdf). (Accessed: 31st January 2018)

#### **Format for citing proceeding:**

1. Idrus Jus'at. Penyimpangan positif masalah KEP di Jakarta Utara dan di Pedesaan Kabupaten Bogor Jawa Barat. in *Prosiding WNPG VII* 153–156 (Lembaga Ilmu Pengetahuan Indonesia, 2000).
2. Rachmah, Q., Wantanee, K. Energy Distribution Of Macronutrient Among Adolescents In Indonesia: Secondary Analysis Of Total Diet Study Data. in *4th Asian Academic Society International Conference (AASIC) 2016* 170–176 (2016).

### Format for citing bachelor thesis, master thesis or dissertation:

1. Umasangaji, M. Hubungan Antara Asupan Energi Protein, Status Gizi Dengan Kesegaran Jasmani Pada Anggota Klub Tenis Meja Satelit Dan Salero Star Kota Ternate. (Universitas Politeknik Kesehatan, 2012).
2. Swasono, M. A. Optimasi Pengolahan Kaldu Ayam dan Brokoli dalam Bentuk Instan dan Analisa Biaya Produksi. (Universitas Brawijaya, 2008).

### Format for citing patent:

1. Herdian H, Pudjiono PI, Angwar M. Sari tempe kental manis dan proses pembuatannya. HC-H3.02.P01.012.1796/2006.

## 2. FORMAT FOR LITERATURE REVIEW

1. **The title** should be short, specific and informative. Maximum title consists of 20 words (not exceeding 80 letters and spaces) with capital letters on the first letter of each word according to the Enhanced Spelling and center location. Titles can be written in English or Indonesian.
2. **Author** name includes the full name of the author, affiliate author, affiliate name and address, and written in sequence using the number symbol (1).

### Example:

Farapti<sup>1</sup>, Qonita Rachmah<sup>2</sup>, Emalia Rhitmayanti<sup>3</sup>, Mahmud Aditya Rifqi<sup>4</sup>

<sup>1</sup> Departemen Gizi Kesehatan  
Fakultas Kesehatan Masyarakat – Universitas Airlangga  
Indonesia

<sup>2</sup> Department of Nutrition and Dietetics  
Institute of Nutrition – Mahidol University  
Thailand

<sup>3</sup> Departemen Gizi Kesehatan  
Fakultas Kedokteran – Universitas Brawijaya  
Indonesia

<sup>4</sup> Departemen Gizi Masyarakat  
Fakultas Ekologi Manusia–Institut Pertanian Bogor  
Indonesia

- **Abstracts** should be structured with short descriptions (containing no more than 250 words, formatted in singlespace, and only one paragraph). The abstract should be written in English and Indonesian. Footnotes, references, and abbreviations are not used in abstracts. Abstracts in the literature review should consist of "Background:", "Purpose:", "Discussion" and "Conclusion:" typed in bold in one paragraph.
- **Keywords** contain 3-5 words and / or phrases and should be written underneath the abstract. Keywords must be written in English and Bahasa Indonesia with words or sentences in accordance with scientific standards.
- **The correspondent author** contains the details of the author data in charge with the detailed address and e-mail (consisting of full name, name of institution, address, telephone number, fax number, and email address).
- **Introduction** consists of the background of the problem, the formulation of the problem, the purpose of the literature review and the research benefits. The introduction in the literature review follows the main topics written and the general overview of the topics to be covered.

- Reviews contain **points and detailed items** based on literature / literature that correlate with the subject covered, which will be discussed in the discussion section.
- **Discussions** describe the detail of the subject discussed or the elaboration of the review, not repeat the review, how the review of the reported literature can solve the problem, as well as differences and similarities with previous studies. This section should include the advantages, disadvantages and conclusions of the research results.
- **Acknowledgments** for all research contributors, if any, should be stated briefly on the manuscript before reference.
- References should be arranged in accordance with the **Nature system**. Journal managers advise authors to use **Mendeley-specific app** or other reference apps (for example: Endnote, Zotero, RefWorks). References should be numbered consecutively in the order in which the citation is first mentioned in the text, written in a superscript and placed at the end of the text in numeric rather than in alphabetical order. Reference must be valid, 80% comes from publications in the last 10 years and contains at least 40% of primary references (from journals, theses, dissertations, and patent documents). Unpublished sources, such as a preparatory or personal communication script, can not be accepted as a reference. Only the sources cited in the text appear in the reference list. The author's name should be written consistently. Number and volume of journal should be included. Editions, publishers, cities, and page numbers of textbooks should be included. Referrals downloaded from the internet, including access times and web addresses, should also be included. Abbreviations of journal names should be written in full. Bibliography in the literature review article has at least 25 references

#### Format for citing journal article:

1. Sylvia, A. B., RoseAnn, M. & John, B. K. Hygiene practices and food contamination in managed food service facilities in Uganda. *African J. Food Sci.* **9**, 31–42 (2015).
2. E, A. S. A. H., Hussein, H., W, A. F., E, E. S. & Wasfy, A. Hygienic Practices Among Food Handlers in Dubai. *Int. J. Prev. Med. Reserach* **1**, 101–108 (2015).

#### Format for citing book:

1. Adriani, M., Wirjatmadi, B. *Peranan Gizi dalam Siklus Kehidupan*. (Penerbit Kencana, 2014).
2. Kuntoro. *Metode Sampling dan Penentuan Besar Sampel*. (Pustaka Melati IKAPI, 2008).

#### Format for citing electronic publication:

1. Pusat Data dan Informasi Kementerian Kesehatan Republik Indonesia. Situasi Kesehatan Kerja 2015. (2015). Available at: <http://www.depkes.go.id/download.php?file=download/pusdatin/%0Ainfodatin/InfoDatin-2015.pdf.%0A>.
2. International Labour Organization. Keselamatan dan kesehatan kerja. (2013). Available at: [http://www.ilo.org/wcmsp5/groups/public/-asia/-ro-bangkok/-ilo-jakarta/documents/publication/wcms\\_237650.pdf](http://www.ilo.org/wcmsp5/groups/public/-asia/-ro-bangkok/-ilo-jakarta/documents/publication/wcms_237650.pdf). (Accessed: 31st January 2018)

#### Format for citing proceeding:

1. Idrus Jus'at. Penyimpangan positif masalah KEP di Jakarta Utara dan di Pedesaan Kabupaten Bogor Jawa Barat. in Prosiding WNPG VII 153–156 (Lembaga Ilmu Pengetahuan Indonesia, 2000).
2. Rachmah, Q., Wantanee, K. Energy Distribution Of Macronutrient Among Adolescents In Indonesia: Secondary Analysis Of Total Diet Study Data. in 4th Asian Academic Society International Conference (AASIC) 2016 170–176 (2016).

**Format for citing bachelor thesis, master thesis or dissertation:**

1. Umasangaji, M. Hubungan Antara Asupan Energi Protein, Status Gizi Dengan Kesegaran Jasmani Pada Anggota Klub Tenis Meja Satelit Dan Salero Star Kota Ternate. (Universitas Politeknik Kesehatan, 2012).
2. Swasono, M. A. Optimasi Pengolahan Kaldu Ayam dan Brokoli dalam Bentuk Instan dan Analisa Biaya Produksi. (Universitas Brawijaya, 2008).

**Format for citing patent:**

1. Herdian H, Pudjiono PI, Angwar M. Sari tempe kental manis dan proses pembuatannya. HC-H3.02.P01.012.1796/2006.

All displayed images, illustrations and photos must be relevant, informative, concise, and source-named (if any), provided in the file (in JPG, JPEG or TIFF format). The maximum number of images, illustrations, photos, and tables in the research report and literature review is 4 (four). All images, illustrations, and photos must be separated from the text. Written permission must be obtained for the copying of previously published material (copyright); including tables, images, and citation text that exceed 150 words. If using a patient photo, it must be accompanied by a signed publication permit form. A copy of the license shall be accompanied by a publication document. The editor reserves the right to edit the manuscript, match the manuscript to the availability of the journal, and ensure the concise, clear, and consistent writing. All submitted texts and illustrations listed shall become the permanent property of the publisher, and shall not be published elsewhere in full or in part, printed or electronic, without the express written permission of the publisher. All data, opinions or statements appearing on the manuscript are the responsibility of the author. Thus, the publisher, the editorial board, and all **Amerta Nutrition** journals shall not be liable or liable in any way for the consequences of any inaccuracies or errors in data, opinions or statements

## SUBSCRIPTION FORM

# Amerta Nutrition

Please note, as customer of Amerta Nutrition

Name :

Address :

Telp :

Email :

I hereby send a subscription fee of:

- IDR 200.000 (1 issue), volume.....issue..... year.....  
(does not include postage)
- Rp 750.000 (1 volume/4 issue), volume.....issue..... year.....  
(does not include postage)

I have sent the money via:

Bank Syariah Mandiri

Account Number 7106223003 a.n. Amerta Nutrition

Postal money order with receipt

number.....date.....

(Proof of payment attached)

.....

(Signature and Writer's Identification)

p-ISSN 2580-1163  
e-ISSN 2580-9776



**MAILING ADDRESS:**

Departement of Nutrition  
Faculty of Public Health, Universitas Airlangga  
Campus C, Mulyorejo, Surabaya, East Java, Indonesia  
Telp. 031-5964808  
Email: amertanutr@fkm.unair.ac.id

**INDEXING BY:**

