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FOREWORD

By giving thanks to God Almighty, volume 8, issue 4 of December 2024, Amerta Nutrition can finally be published. Amerta Nutrition (Amerta Nutr.) is a scientific journal published every three months, and starting in 2023, our journal will be published all articles in bilingual (English Version and Indonesian Version). Amerta Nutrition functions as communication for disseminating scientific information from research results and literature reviews. Amerta Nutrition is targeted to become a source of scientific information for lecturers, researchers, students, and the general public interested in nutrition and health. Amerta Nutrition tries to always present a variety of scientific articles in the scope of Health Nutrition that are interesting and up-to-date.

In this edition of December 2024, Amerta Nutrition presents several articles with various topics in the health sector, clinical nutrition, community nutrition, public health, dietary, food management, and technology. With the publication of issue volume 8, issue 4, Amerta Nutrition has reached a significant milestone in publishing six consecutive years of 7 volumes with 32 issues. The scientific journal Amerta Nutrition is expected to be a leverage for developing a communicative writing culture and scientific studies and attracting readers and writers to participate in the upcoming issue of Amerta Nutrition. Hopefully, the thoughts presented by Amerta Nutrition can benefit and enrich readers' knowledge base.

Editor-in-Chief



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