

AUTHOR GUIDELINES

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- **The Title** should be short, specific, and informative. The Maximum title consists of 20 words (not exceeding 80 letters and spaces) with capital letters on the first letter of each word according to the Enhanced Spelling and center location. Titles can be written in English or Indonesian.
- **Author's Name** includes the author's full name, affiliate author, affiliate name, and address, and is written in sequence using the number symbol (1).

Example:

Farapti Farapti¹, Qonita Rachmah², Emalia Rhitmayanti³, Mahmud Aditya Rifqi⁴

¹Departemen Gizi Kesehatan, Fakultas Kesehatan Masyarakat, Universitas Airlangga, Indonesia

²Department of Nutrition and Dietetics Institute of Nutrition, Mahidol University, Thailand

³Departemen Gizi Kesehatan, Fakultas Kedokteran, Universitas Brawijaya, Indonesia

⁴Departemen Gizi Masyarakat, Fakultas Ekologi Manusia, Institut Pertanian Bogor, Indonesia

- **ABSTRACT** should be structured with short descriptions (containing no more than 250 words, formatted in a single space, and only one paragraph). The abstract should be written in English and Indonesian. Footnotes, references, and abbreviations are not used in abstracts. Abstracts in the research report should consist of "Background:", "Objectives:", "Methods:", "Results:" and "Conclusions:" typed in bold in one paragraph.
- **Keywords** contain 3-5 words and/or phrases and should be written underneath the abstract. Keywords must be written in English and Bahasa Indonesia with words or sentences in accordance with scientific standards.
- **The Correspondent Author** contains the details of the author data in charge with the detailed address and e-mail (consisting of full name, name of institution, address, telephone number, fax number, and email address).
- **INTRODUCTION** consists of background issues, problem formulation, research objectives, and benefits.
- **METHODS** contain clear descriptions of the tools and materials used and research schemes and methods useful for other researchers to replicate and check validity if necessary. Reference should be given to the method used. Studies that use animal or human subjects should include evidence of applicable ethical research.

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- **CONCLUSIONS** is the answer to the question formulation that is asked at the end of the introduction. The conclusions should be based on the results and discussions described earlier. Add suggestions or feedback for further research.
- **ACKNOWLEDGEMENT** for all research contributors, if any, should be stated briefly on the manuscript before reference.
- **CONFLICT OF INTEREST AND FUNDING DISCLOSURE** is a description about conflict of interest and the sponsor or funding source if any.
- **AUTHOR CONTRIBUTIONS** is a description regarding the role of each author in writing article.
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References should be numbered consecutively in the order in which the citation is first mentioned in the text, written with superscript, and placed at the end of the text in numerical rather than in alphabetical order. Reference must be valid, **80% comes from publications in the last 10 years and contains at least 40% of primary references (from journals, theses, dissertations, and patent documents)**. Unpublished sources, such as a preparatory or personal communication script, can not be accepted as a reference. Only the sources cited in the text appear in the reference list. The author's name should be written consistently. The number and volume of the journal should be included. Editions, publishers, cities, and page numbers of textbooks should be included. Referrals downloaded from the internet, including access times and web addresses, should also be included. Abbreviations of journal names should be written in full. All research reports must have **more than 15 references**.

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1. Marantha, H. A. & Rustanti, N. Kandungan gizi, sifat fisik, dan tingkat penerimaan es krim kacang hijau dengan penambahan spirulina. *Journal of Nutrition College* **3**, 755–761 (2014). <https://doi.org/10.14710/jnc.v3i4.6877>.
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- **METHODS** contain clear descriptions of the tools and materials used and research schemes and methods useful for other researchers to replicate and check validity if necessary. Reference should be given to the method used.
- Reviews contain **points and detailed items** based on literature/literature that correlates with the subject covered, which will be discussed in the discussion section.
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