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- **Author's Name** includes the author's full name, affiliate author, affiliate name, and address, and is written in sequence using the number symbol (1).

Example:

Farapti Farapti¹, Qonita Rachmah², Emalia Rhitmayanti³, Mahmud Aditya Rifqi⁴

¹Department of Nutrition, Faculty of Public Health, Universitas Airlangga, Indonesia

²Department of Nutrition and Dietetics Institute of Nutrition, Mahidol University, Thailand

³Department of Nutrition, Faculty of Medicine, Universitas Brawijaya, Indonesia

⁴Department of Community Nutrition, Faculty of Human Ecology, Institut Pertanian Bogor, Indonesia

- **ABSTRACT** should be structured with short descriptions (containing no more than 250 words, formatted in a single space, and only one paragraph). The abstract should be written in English and Indonesian. Footnotes, references, and abbreviations are not used in abstracts. Abstracts in the research report should consist of "**Background:**", "**Objectives:**", "**Methods:**", "**Results:**" and "**Conclusions:**" typed in one paragraph.
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- **METHODS** contain clear descriptions of the tools and materials used and research schemes and methods useful for other researchers to replicate and check validity if necessary. Reference should be given to the method used. Studies involving animal or human subjects must include the certificate number, approval date, and the institution that issued the ethical research approval. Reviews contain **points and detailed items** based on literature/literature that correlates with the subject covered, which will be discussed in the discussion section.
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