

Effect of Feeding Fermented *Leucaena leucocephala* Seed Meal on Growth and Protein Content of *Osphronemus gouramy* Juvenile

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Abstract

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Gouramy (Osphronemus gouramy Lac.) is one of the original fish from Indonesia that lives in fresh water and has high economic value because of its dense texture, high nutrition, and delicious taste so that it is widely favored by Indonesians. The results of juvenile cultivation activities have not been going well so far, this is because the growth of gourami's juvenile is slower than the growth of other freshwater fish's juvenile. One alternative that can increase the growth and protein content of gouramy juveniles is to utilize the availability of lamtoro seeds. The purpose of this study was to determine the effect of feeding lamtoro seed fermentation on the growth and protein content of gourami's juvenile. This study used an experimental method with a completely randomized design (CRD with 6 treatments and 4 replications). Data were analyzed using the Analysis of Variance Test (ANOVA) and further tested in Honest Significant Difference (Tukey HSD Test) at the 95% confidence level. The results showed that P3 with the addition of fermented lamtoro seed flour 40% can increase the growth and protein content of gouramy juveniles. The conclusion of this study was lamtoro seed fermented feed has an effect on increasing the growth and protein content of gourami's juvenile.

INTRODUCTION

Gouramy (Osphronemus gouramy Lac.) is one of the original fish in Indonesian water that lives in fresh water and has high economic value because of its dense texture, high nutrition, and delicious taste it is widely favored by Indonesians. In addition, gouramy has other advantages such as being omnivorous, spawning naturally, and can live in stagnant water and at low oxygen solubility (Nugroho et al., 2015). However, the constraints in intensive maintenance of gouramy are still being felt. The result of gouramy cultivation has

not been going well, it is because the growth of gouramy is slower than other freshwater fish.

The success of aquaculture is determined by several factors, one of them being the availability of fish meal quality. This is because the meal is a source of protein for fish growth. Protein plays a role in body maintenance, tissue formation, and the replacement of damaged body tissue (Anshar *et al.*, 2018). However, about 60% to 85% of aquaculture production costs come from the meal. This is due to the high price of meal raw materials, most of them still come from imports. Therefore, one of the efforts to reduce dependence on imported raw materials is by utilizing quality local raw materials. One of the local and natural ingredients that can be used as high protein fish meal is lamtoro seeds (*Leucaena leucocephala* Lam.).

Lamtoro (L. leucocephala Lam.) is a plant that is often found in various regions in Indonesia and has many benefits. Its abundant availability is only used by the community as a shade for roads or yards. According to research results, lamtoro seeds have high nutritional value because of their high protein content (24.5% to 46%) which contains arginine, alanine, cysteine, glutamic acid, isoleucine, leucine, lysine, and methionine (Verma et al., 2018). Lamtoro seeds contain antinutritional substances such as tannins and phytic acid which are quite high (Bakti, 2001). Anti-nutritional substances are inhibitors that can interfere with fish Anti-nutritional growth. substances contained in lamtoro seeds are very complex compounds that are difficult for fish to digest. There needs to be a special technique so that these substances can be digested properly by fish. One of the techniques used to convert anti-nutritional substances into simpler compounds is the fermentation technique.

The purpose of the fermentation process is to break down indigestible materials into easily digestible materials with the help of microorganisms. It is expected that there will be an increase in the quality of fermented meal ingredients that will be used as a mixture of fish meals to increase fish growth (Agustono et al., 2012). One of the molds that can be used in the fermentation process is Rhizopus oligosporus. This type of mold is thought to better ferment in simplifying the antinutritional substances contained in plants (Putra et al., 2020). In addition, economically R. oligosporus is easy to get at a low price and is able to develop in relatively low-cost media (Ikhwanuddin et al., 2018).

The objective of this study was to determine the effect of feeding lamtoro seed fermentation on the growth and protein content of gourami's juvenile.

METHODOLOGY Place and Time

This research was carried out from June to December 2020, this research was conducted in the Biology Education Laboratory, Chemistry Education Laboratory, and Laboratory of nutrition science and feed technology, Faculty of Agriculture Universitas Syiah Kuala Banda Aceh.

Research Materials

The main materials of this study were 72 *O. gouramy* juveniles (body length 10,5 cm and body weight 20 gram) and lamtoro seeds. The juveniles were obtained from a fish cultivator in Kota Langsa. The main equipment used in this study was 24 ponds (30x60x60 cm), scale, thermometer, pH meter, kjeldahl steam distiller, digestion apparatus, distillation flask, Erlenmeyer, and hot plate stirrer.

Research Design

The type of this research is experimental research and the research method used is an experimental method Completely with а non-factorial Randomized Design (CRD) pattern and consisting of 6 treatments 4 replications. The approach used in this research is a quantitative approach. The treatments were PO = commercial pelletfeed (100%), P1 = 0% fermented lamtoro seed flour + 80% soybean flour + 20% additives, P2 = 20% fermented lamtoro seed flour + 60% sovbean flour + additional ingredients 20%), P3 = giving 40% fermented lamtoro seed flour + 40%sovbean flour +20% additional ingredients), P4 = giving 60% fermented lamtoro seed flour + 20% soy flour + 20%additives), P5 = giving 80% fermented lamtoro seed flour + 0% soybean flour + 20% additives). The treatment was based on the preliminary test results, which

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showed the highest growth of gouramy juvenile obtained by feeding fermented lamtoro seed meal by 40%, so these results were used as a reference to determine the treatment level in the study.

Work Procedure

Lamtoro Seed Flour Fermentation

The lamtoro seeds were washed, soaked for 72 hours, then dried for 48 hours under the sun, and grounded to produce flour (Pratiwy et al., 2020). Lamtoro seed flour was inoculated with R. oligosporus at a dose of 1.5 grams per 1/2kilogram of lamtoro seed flour to be fermented. put the lamtoro seed flour in a heat-resistant plastic bag that has been perforated in several places to get aerobic conditions. Then the lamtoro seed flour is incubated at 30 °C or room temperature for 36 hours (Utami et al., 2012).

Fish Rearing

The rearing of the test animals was carried out in a pond filled with water as much as 75% of the volume of the pond and given an aerator. 4 fish seeds were stocked in each pond and acclimatized for 3 days, then gouramy seeds were given treatment for 30 days. During the rearing of the gourami fry were fed according to the predetermined concentration. The frequency of application was twice a day in the morning at 08.00 WIB and in the afternoon at 17.00 WIB. Then on the 15th and 30th days the fish were measured in weight, length and body width. Water quality is also measured by measuring pH and temperature.

Measuring Protein Levels

Each sample of gouramy was slashed using a knife from the right side of the body along 1 cm from the tip of the operculum to the middle of the body of the gouramy. Samples from the results of the incision are inserted into the protein content measuring device.

Data Analysis

Data on gouramy juvenile protein content was obtained by using the Lowry method and the Kjeldahl method after 30 days. Protein content data were analyzed using a percentage formula and described. The formula for calculating the percentage of protein content is:

DC -	$= \frac{0.1 \text{H}_2 \text{SO}_4 \times \text{TV} \times 0.014 \times 6.25 \times 5}{\text{W}}$	× 10004	
rt –	W	× 100%	
Whe	re:		
PC	= protein content (%)		

= titration value (ml) TV

W = sample weight (g)

The growth and protein content data that has been analyzed was then analyzed with the Analysis of Variance Test (ANOVA) and continued with the Honest Significant Difference Test (Tukey HSD) with a confidence level of 5%.

RESULTS AND DISCUSSION

The results of this research that has been carried out for 30 days show that there are differences in the growth and protein content of gouramy juveniles from each treatment given.



Figure 1. Average value of gouramy juvenile body length (cm).

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Figure 2. Average value of gouramy juvenile body width (cm).



Figure 3. Average value of gouramy juvenile protein content (%).

The highest average value of gouramy juvenile's body length and width is 11,4 cm and 6,3 cm. The average value of protein content of gouramy juvenile is 17-18%. There is a significant difference in body length (Figure 1), body width (Figure 2), and protein content of gouramy juveniles given different feed doses (Figure 3).

Analysis of variance carried out on gouramy juvenile after being given different treatments for 30 days showed that F count 41.36>F table 2.77 for body length and F count 66>F table 2.77 for body width. Variance analysis data are presented in Table 1 and Table 2.

Table 1.Analysis of variants on body length of gouramy juvenile.

		<i>j</i> = 0 = 0 = 0	, , , , , , , , , , , , , , , , , , ,		
Source of Variation	Degrees of Free	Sum of Squares	Middle Square	F Count	F Table
Treatment	5	0,91	0,182	41.36*	2.77
Error	18	0.08	0 0044	41,30	۷,//

Ta	ble 2. Analysis of	f variants on bod	y width of goura	my juvenile.		
	Source of Variation	Degrees of Free	Sum of Squares	Middle Square	F Count	F Table
_	Treatment	5	0,99	0,198	66*	0.77
_	Error	18	0,06	0,003	00~	2,77

Analysis of variance carried out on protein content of gouramy juvenile after being given different treatments for 30 days showed that F count was 3.67>F table was 2.77. Variance analysis data are presented in Table 3. To find out the differences between the treatments given, the research data were further tested with the BNJ Advanced Test (Honest Real Difference)/Tukey HSD. The results of the BNJ Advanced Test are presented in Table 4.

10	rubie of multiple of variante on protein content of gouranty juvennet					
	Source of Variation	Degrees of Free	Sum of Squares	Middle Square	F Count	F Table
	Treatment	5	7,54	1,508	4.496*	2,77
Error		18	7,39	0,411	4,490	2,77

 Table 3.
 Analysis of variants on protein content of gouramy juvenile.

Treatment	Average	HSD 0,05
РО	18,025	Ab
P1	17,267	А
P2	18,657	Ab
РЗ	18,812	В
P4	18,675	Ab
P5	17,782	Ab

Description: The numbers followed by the same letter are not significantly different from the HSD Test at the 5% level.

The results of water quality measurements that have been carried out in this study indicate that the water quality in the research pond is in good condition. The value range of water quality during the study is presented in Table 5.

Table 5.The value range of water quality.

Treatment		Temperature	2		pН			
Treatment	Day 0	Day 15	Day 30	Day 0	Day 15	Day 30		
P0	30 °C	29 °C	30 °C	8.0	7.8	7.9		
P1	30 °C	29 °C	30 °C	8.0	7.8	7.9		
P2	30 °C	29 °C	30 °C	8.0	7.8	7.9		
P3	30 °C	29 °C	30 °C	8.0	7.8	7.9		
P4	30 °C	29 °C	30 °C	8.0	7.8	7.9		
P5	30 °C	29 °C	30 °C	8.0	7.8	7.9		
Average	30 °C	29 °C	30 °C	8.0	7.8	7.9		

The results of this research that has been carried out for 30 days indicate that fermented lamtoro seed meal has an effect on the growth and protein content of gouramy juveniles. Fish can grow well if their nutritional needs are fulfilled, especially protein needs. Providing quality meals, both artificial meals and forage at the juvenile stage is an important thing (Juliana et al., 2018). Anti et al. (2018) that the protein explains content contained in the fish body comes from feed which is converted into protein stored in the fish's body which can be absorbed and used to build or repair damaged body cells and utilized by the fish body for metabolic processes. This is also referred to as protein retention. Furthermore, Dani et al. (2005) explains that the fast or slow growth of fish is determined by the amount of protein that can be absorbed and utilized by fish as a building block.

A meal is needed for growth, fish health, and increasing the quality of fish production. The complete nutritional content of the meal is always associated with the ingredients used in preparing the meal formulation. One of the important meal nutrients needed by fish is protein. Protein is a source of energy other than carbohydrates which is useful for the growth and survival of fish (Marzuqi and Anjusary, 2013). The protein contained in fermented lamtoro seed can help fish growth. The results showed that protein content in lamtoro seed flour soaked and dried in the sun increased to more than 30% (Sotolu and Faturoti, 2008). Similar results were also obtained by Sethi and Kulkarni (1993), who stated that lamtoro seeds soaked in water have 31% protein content and could reduce mimosine level up to 82.1% in 100 g/g protein.

The body protein content of O. gouramy juvenile is influenced by the protein content and amino acids of its meal. Gouramy juvenile that was given 0% lamtoro seed fermented meal has the lowest body protein content and was significantly different from the fish body protein content in P3 by giving lamtoro seed fermented meal by 40%. Feed protein content affects protein retention. Protein retention describes the proportion of feed protein stored as protein in fish body tissues. According to Phumee et al. (2009), fish body protein content is influenced by meal protein intake and protein deposits which have a positive correlation with meal protein content. This is reinforced by the results of research by Salhi et al. (2004) and Satpathy et al. (2003), that the addition of protein content in meals affects the protein content of fish bodies.

Fish is a source of protein that is needed by humans because it has a high protein content, contains essential amino acids that the body needs, and the price is much cheaper when compared to other animal protein sources (Natsir, 2018). Prameswari (2018) adds that fish protein absorption is higher than beef, chicken, and others. This is because fish meat has a shorter protein fiber than beef or chicken. According to Fridawanti (2016), protein needs in adulthood are 50-60 grams per day or around 11% and the need for animal protein in adolescents is 20%-40% (Suryandari and Widyastuti, 2015). In this study, the highest protein content of gouramy juvenile was found in juveniles fed fermented lamtoro seeds by 40% with a crude protein value of 19% per 0.7 grams of juvenile meat. So, it can be said that juveniles fed with fermented lamtoro seeds on P3 can supply the needs of animal protein for humans.

Protein is a source of essential amino acids needed by fish to support optimum growth as well as a source of energy for fish. According to Kardana *et al.* (2012), the protein requirement for omnivorous fish at the juvenile stage is 42%. Fish can grow well if their nutritional needs are fulfilled optimally, especially protein needs. According to Santoso and Agusmansyah (2011), protein is very important for the fish's body because nearly 65%-75% of the fish's dry weight is protein. Fish consume protein to obtain amino acids which will be used for the maintenance of body cells, growth, and reproduction. Asfiya et al. (2017) explains, in general, the need for a fish juvenile for amino acids is higher than in other phases. Lysine and leucine are the most needed amino acids compared to other amino acids. The highest level of essential amino acids contained in lamtoro seeds was arginine at 2.62% and the lowest level of essential amino acids was methionine at 0.36%. Apart from leucine and methionine, other essential amino acids contained in lamtoro seeds were leucine at 1.81%, lysine at 1.39%, and isoleucine at 0.93% (Ahmed and Abdelati, 2009).

The water temperature measured in this study ranged from 28°C to 29°C, which according to El-Sayed and Kawanna (2008), a temperature in the range of 24°C to 32°C is the optimal temperature that can increase the growth of freshwater fishes. Qiang et al. (2013) also stated that water temperature affects the digestibility of fish feed. Warmer temperatures can increase the consumption and utilization of fish feed so that the digestion process becomes more efficient. The pH of the water measured during this study was in the range of 7 to 8, which is the optimal pH that can increase the growth of gouramy. A similar result was also obtained by Pratama and Muqti (2018), who stated that the best pH for gourami's growth is 7,8. According to Indra et al. (2013), pH is a limiting factor that can influence and determine the amount of feed consumption and the metabolic rate.

CONCLUSION

Gouramy (*O. gouramy* Lac.) juvenile that was given fermented lamtoro seed (*L. leucocephala* Lam.) meal has an effect on the growth and protein content of its body. The results showed that the addition of lamtoro seed fermented meal by 40% affected the growth and protein content of gouramy juvenile. It is recommended that further research be carried out regarding the addition of maintenance time and giving fermented lamtoro seed meal from juvenile phase to harvest period and to measure the organ health of gouramy which is fed with fermented lamtoro seed meal.

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