

# IMPLEMENTATION PROMPTNESS ANALYSIS IN MENINGOCOCCAL MENINGITIS VACCINATION IN UMRAH PILGRIMS IN SURABAYA

Analisis Ketepatan Waktu Pelaksanaan Vaksinasi Meningitis Meningokokus Jemaah Umroh di Surabaya

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# ABSTRACT

**Background:** Umrah pilgrims have a high potential risk of getting infected by Meningococcus Meningitis . Even though meningitis cases had never happened in Indonesia, The vaccination carried out less than 14 days in the Port Health Office Class I of Surabaya (PHO) was still found in December 2018. Purpose: The research aims to analyze the accuracy of Meningococcus Meningitis immunization in the Port Health Office Class I Surabaya (PHO) at Tanjung Perak Port Work Area in December 2018. Methods: The research was carried out in a quantitative descriptive study with a cross-sectional study design. The research samples included all Umrah pilgrims who were vaccinated with Meningococcus Meningitis immunization. The variables consisted of age, time-range of vaccination implementation, gender, and domicile/residence of respondents. The data analysis was carried out using univariate analysis and displayed in the form of a frequency table. Results: This study indicated that almost all pilgrims were vaccinated in more than or equal to 14 days (76%). Meanwhile, the others (24%) were vaccinated at less than 14 days, i.e., at 5-6 days before departure. The majority of pilgrims with a history of vaccinations on less than 14 days of departure were female (56.12%) and lived in Surabaya (55.27%). Conclusion: The majority of the pilgrims in PHO Class I of Surabaya had carried out *Meningococcus* Meningitis vaccination promptly. However, a small number of pilgrims did not carry out vaccinations under the specified time. Female pilgrims, mostly domiciled in Surabaya, dominated the vaccination on less than 14 days.

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## ABSTRAK

Latar Belakang: Jemaah umrah berrisiko tinggi terinfeksi penyakit meningitis meningokokus saat melaksanakan ibadah umrah. Kasus meningitis belum pernah terjadi di Indonesia, namun pelaksanaan vaksinasi < 14 hari masih ditemukan di Kantor Kesehatan Pelabuhan (KKP) Kelas I Surabaya pada bulan Desember tahun 2018. Tujuan: Penelitian ini bertujuan untuk menganalisis ketepatan pelaksanaan vaksinasi meningitis meningokokus di KKP Kelas I Surabaya Wilayah Kerja Pelabuhan Tanjung Perak pada Desember 2018. Metode: Penelitian ini merupakan penelitian deskriptif kuantitatif dengan desain studi cross sectional. Sasaran penelitian adalah seluruh jemaah umrah yang melakukan vaksinasi meningitis meningokokus di KKP Kelas I Surabaya wilayah kerja Pelabuhan Tanjung Perak pada bulan Desember tahun 2018. Variabel yang diteliti yaitu umur, jarak pelaksanaan vaksinasi, jenis kelamin, dan domisili/tempat tinggal responden. Analisis data menggunakan analisis univariate yang ditampilkan dalam bentuk tabel frekuensi. Hasil: Penelitian ini menunjukkan bahwa hampir seluruh jemaah telah melakukan vaksinasi more than or equal to 14 hari (76%), namun masih ditemukan pelaksanaan vaksinasi yang kurang dari 14 hari sebesar 24% (711 jemaah) yaitu mayoritas pada 5-6 hari sebelum keberangkatan. Mayoritas jemaah dengan riwayat vaksinasi kurang dari 14 hari berjenis kelamin perempuan (56,12%) dan berdomisili di Kota Surabaya (55,27%). Kesimpulan: Mayoritas jemaah di KKP Kelas I Surabaya telah melaksanakan vaksinasi meningitis meningokokus dengan tepat waktu namun masih ditemukan sebagian kecil jemaah yang tidak melaksanakan vaksinasi sesuai dengan waktu yang ditentukan. Pelaksanaan vaksinasi <14 hari didominasi oleh jemaah berjenis kelamin perempuan dan berdomisili Surabaya.

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## INTRODUCTION

Meningitis is a disease that occurs due to infection or inflammation on the brain-protective membrane and spinal cord system. Meningitis is a severe disease that requires an accurate and efficient way to diagnose. Various agents, such as fungi, bacteria, mycobacteria, and viruses commonly serve as the causes of infectious meningitis meningoencephalitis and (Pangandaheng, Mawuntu, & Karema, 2017). The spread of disease through the blood triggers brain membrane inflammation. Therefore, it can cause uncontrolled movements and thoughts until the patient deceases (Elchirri, 2015). The prevention of Meningococcus Meningitis in high-risk groups is carried out by minimalizing contact between the patients and family members at home. A person exposed to oral secretions is treated with chemoprophylaxis antibiotics within 24 hours after the diagnosis is made. This disease is dangerous and contagious (Rustika et al., 2018).

The Port Health Office (PHO) is a technical implementation unit within the Ministry of Health of the Republic of Indonesia. The institution is under the auspices and shall have the responsibility to the Directorate General of Disease Control and Environmental Health (DG DC-EH). The Port Health Office (PHO) has the authority to control the entry and exit of quarantine diseases and outbreaks of potentially infectious diseases. PHO performs limited health services, as well as controlling the impact of environmental health in the working area of the port/airport across the national borders. The prevention of the entry and exit of outbreaks of potentially infectious diseases are carried out by vaccinating all people who travel abroad (Mutiarani, 2018).

Indonesian pilgrims are vaccinated with *Meningococcus Meningitis* ACYW-135 vaccination to prevent the potential infectious meningitis outbreaks (Apriyandi, Adi, & Widodo, 2017). *Meningococcus Meningitis* ACYW-135 vaccine injection is carried out at the Port Health Office or designated Government Hospital. The vaccination is mandatory for someone who will travel abroad. The dissolved vaccine is stored at 2-8 °C in an ice flask or refrigerator before it is injected. The vaccine cannot be used after 8 hours since the vaccine was dissolved, including the rest of the vaccine (Ministry of Health RI, 2017).

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The time-range of meningitis vaccination of less than 14 days can be overcome by groups who had meningitis vaccination as they have herd immunity. The level of resistance produced by 70% population will form herd immunity in this group (Mardiana, 2018). A large group immunity level will reduce the potential risk of someone who was vulnerable in contact with patients, thus enabling the cessation of disease transmission (Hikamarida, 2014).

Temperature and humidity in Middle Eastern countries such as Saudi Arabia are suitable for viruses and meningococcal bacteria. The viruses and meningococcal bacteria are developing rapidly at high and low temperatures, and it becomes a potential area of Meningococcus Meningitis endemic. In W135 serogroup 2001. Meningococcus Meningitis carriers were found in some of Hajj pilgrims from Indonesia. The incidence was probably related to the increasing cases of serogroup Meningococcus Meningitis similar some other countries. to The Meningococcus Meningitis outbreak that occurred in Saudi Arabia was classified in the W135 serogroup (64%) and A serogroup (37%). The world's first largest outbreak was caused by the W135 series (Hafshoh, Musthofa, & Husodo, 2019).

The increasing number of pilgrims amount to 2 million people from 1,140 countries around the world in Mecca, resulting in an increasing infection potential risk. It causes meningitis to spread rapidly to pilgrims in multiple countries around the globe (Kholilurrahman, 2017). The transmission bacterial of *Meningococcus* Meningitis occurred over a long period. The interactions among thousands of people last for two weeks to one month in Mecca, which have the potential risk to increase meningitis cases. This is due to the high potential risk in contact in the endemic population area (Yitnaningrum, Sewu, & Lucyati, 2015).

The increase in the number of Hajj and Umrah pilgrims from Indonesia has resulted in the requirement for special monitoring for Hajj and Umrah pilgrims. Follow-up is carried out during the *Meningococcus Meningitis* vaccination. Prevention of delayed vaccination aims to minimize the transmission of meningitis. The *Meningococcus Meningitis* vaccination is carried out at the Port Health Office (PHO) Class I of Surabaya, Tanjung Perak Port. This study aims to analyze the accuracy of the implementation of *Meningococcus Meningitis* vaccination in pilgrims at the PHO Class I of Surabaya, Tanjung Perak Port.

# METHODS

The study employed descriptive quantitative research using a cross-sectional study design. The research samples were all 2,973 prospective Umrah pilgrims, vaccinated with *Meningococcus Meningitis* immunization. The variables consist of respondents, the respondents' sex, the respondents' domicile/residence, and the time-range between the implementation of *Meningococcus Meningitis* immunization.

Age, as variables, is classified into interval children (2-11 years), early scales. i.e., adolescence (12-16 years), late adolescents (17-25 years), early adulthood (26-35 years), late adulthood (36-45 year), early elderly (46-55 years), late elderly (56-65 years), and seniors (> 65 years). The domicile variable/residence was classified into two groups, i.e., Surabaya and Out of Surabaya. Vaccination variables time-range were calculated from the vaccination date to the departure date, and it was categorized as follows, i.e., less than 14 days and grreater than or equal to 14 days.

The study employed the secondary data that was obtained through monthly data recapitulation in the form of individual Umrah pilgrims' data and data recapitulation in the Port's Health Information System (SIMKESPEL) in December 2018. The data included the total population of Umrah pilgrims who took *Meningococcus Meningitis vaccination* in December 2018.

The collected data were grouped and analyzed univariably. The univariable analysis was displayed in descriptive form with frequency tables. Then, the data were interpreted and compared with the existing theories, standards, guidelines, and provisions. Besides, the problems must be identified, and alternative solutions must be acquired.

# RESULTS

Umrah pilgrims who will carry out Umrah must take *Meningococcus Meningitis* vaccination in PHO Class I of Surabaya. Meningitis vaccination was carried out for the 2,973 pilgrims in the PHO Class I of Surabaya Tanjung Perak in December 2018.

# Distribution of *Meningococcus Meningitis* Vaccination Based on Demography

The majority of Umrah pilgrims (24.62%) got *Meningococcus Meningitis* immunization at the age range of 46 to 55 years old (Table 1). The majority of pilgrims were vaccinated in a period of more than or equal to 14 days before the departure. However, there were still pilgrims (56.12%) who got vaccination at a period of less than 14 days who are mostly females (Table 2).

#### Table 1

The distribution of the implementation for *Meningococcus Meningitis* vaccination based on the age at PHO Class I of Surabaya, Tanjung Perak Port in December 2018

Age (years)	n	%
2-11	89	2,99
12-16	104	3,50
17-25	298	10,02
26-35	341	11,47
36-45	508	17,09
46-55	732	24,62
56-65	569	19,14
>65	332	11,17
Total	2973	100,00

Distribution of *Meningococcus Meningitis* Vaccination Based on Time-Range

The majority of Umrah pilgrims in PHO Class I of Surabaya, Tanjung Perak Port in December 2018 got Meningococcus *Meningitis vaccination* for > 14 days were 76% (2,262 pilgrims) (Figure 1). The majority of Umrah pilgrims who got vaccination within 5-6 days before the departure were 19.55% (139 pilgrims) (Figure 2).



**Figure 1.** Time-Range Vaccination of *Meningococcus Meningitis* for Umrah Pilgrims in PHO Class I of Surabaya Tanjung Perak Port Work Area in December 2018



The amount of pilgrims (person)

**Figure 2.** Time-Range of *Meningococcus Meningitis* Vaccination less than 14 days for Umrah pilgrims in PHO Class I of Surabaya, Tanjung Perak Port in December 2018.

# Distribution of *Meningococcus Meningitis* Vaccination Based on Residence

The majority of Umrah pilgrims who carried out *Meningococcus Meningitis* vaccination in the range of less than 14 days in PHO Class I of Surabaya Tanjung Perak Port came from Surabaya were 55.27% (393 pilgrims) (Table 2).

## DISCUSSION

Meningococcus Meningitis becomes a major concern in the Hajj and Umrah implementation . This disease is caused by bacterium Neisseria meningitidis which attacks the human brain membrane. The cases of meningitis occur at  $\pm 3$ from 100,000 people in range from all ages from infants to elderly. WHO data stated that the has resulted 530 deaths disease from Meningococcus Meningitis in 5,300 people in Burkina Faso in 2012. The endemic area of Meningococcus Meningitis is called as the "Meningitis Belt" (Hoesea, 2014).

The epidemiological determinant of meningitis in Umrah pilgrims consists of hosts, agent, and environment. Male host has twice larger risk than female host in *Meningococcus Meningitis* incidence. The agent of meningitis that occur on Umrah/Hajj pilgrims is Meningococcus Meningitis serogroups W 135. The spread of *Meningococcus Meningitis* in Conditions where the environment is crowded with residents, i.e., boarding house, soldiers' barracks, and pilgrims dormitories (Simanullang, Sarumpaet, & Rasmaliah, 2015).

Table 2

	Vaccination Distance
Category	≥14 days
	n n
Sex	
Male	995 43,99 312 43,88
Female	1267 56,01 399 56,12
Domicile	
Surabaya	1161 51,33 393 55,27
Out of Surabaya	1101 48,67 318 44,73
Total	2262 100,00 711 100,00

Distribution of Time-Range of Meningococcus Meningitis Vaccination Based on Gender and Residence

The meningitis frequency distribution was categorized into three aspects, such as people, places, and times. Frequency distribution based on people was influenced by age, gender, and immunity. Meningococcus Meningitis disease commonly occurs in men than in women. The frequency distribution based on the place was the potential transmission risk of meningitis generally occurs in crowded neighborhood, such as boarding houses. soldiers' barracks, and pilgrims' dormitories. frequency distribution The of meningitis based on the time that the disease has highly spread during the summer when the respiratory tract infections increase (Simanullang et al., 2015).

The Port Health Office Class I of Surabaya has some duties including potential outbreaks prevention, quarantine, health services, and facilitation and advocacy for outbreaks prevention and health disasters including meningitis (Yusri, Imran, & Mudatsir, 2016). Some of the precautions that can be performed in people who are in the endemic area of the high potential risk of contagious diseases are bv performing immunization and chemoprophylaxis (Yitnaningrum et al., 2015).

The ACYW-135 *Meningococcus Meningitis* vaccination is carried out at the Port Health Office (PHO) or Government Hospital compulsorily for someone who will travel abroad. Vaccination is carried out in a range of a minimum of 1 month before the departure (Rustika et al., 2018).

# Distribution of Meningococcus Meningitis Vaccination Based on People's Aspects

The majority of Meningococcus Meningitis vaccination in PHO Class I of Surabaya in Tanjung Perak Port in December 2018 was carried out for early elderly category. Female pilgrims served as the majority who were vaccinated with meningococcus meningitis immunization in less than 14 days.

The meningococcus meningitis vaccination in the PHO Class I of Surabaya, Tanjung Perak Port that are injected in a range of less than 14 days have a high potential risk of transmission. The more pilgrims go to the Mecca to perform Umrah, the higher the risk of transmission as there are so many people who come from various countries. The Meningococcus Meningitis cases are never found in Indonesia so far because the herd immunity eas taken from standard procedure of vaccination which was carried out more than or equal to 14 days before departure. One of the potentially high risk groups to be infected by the diseases is pregnant women (Jayanti, 2017).

# Distribution of *Meningococcus Meningitis* Vaccination Based on Time-Range

In 2010–2013, there were no Indonesian pilgrims identified with suspected meningitis and contagious diseases, and the potential of other outbreaks after performing Hajj and Umrah. The promptly immunization of Menveo ACWY vaccine serve as effective and safe actions to prevent *Meningococcus Meningitis* disease and other potential disease outbreaks (Lewaherilla et al., 2017).

Most *Meningococcus Meningitis* vaccination in PHO Class I of Surabaya, Tanjung Perak Port are injected more than or equal to 14 days before departure of Hajj and Umrah. Umrah pilgrims amounted to 24% (711 pilgrims) were vaccinated in less than 14 days, while the others amounted to 19.55% (139 pilgrims) were vaccinated at 5-6 days before the departure. PHO Class I of Surabaya issued a circular based on the provisions of the amendment to article 8 through Minister of Health Regulation Number 12, 2019 concerning the service and publication of the International Vaccination Certificate (ICV). The circular letter explains that the vaccination must be carried out at least ten days before the departure; otherwise, the departure will be delayed. The policy will take effect on June 1, 2019 (Ministry of Health RI, 2019).

The policy aims to tighten the monitoring vaccination at PHO Class I of Surabaya. Disease monitoring trend is also carried out by providing information in planning disease prevention measurement and health services. The disease transmission prevention is an important part of the Early Awareness System (EAS) which cannot be separated from the implementation of a surveillance system (Hoesea, 2014).

The interview results of pilgrims who got vaccination stated that the pilgrims did not understand about the minimum standard for vaccination, and they submitted all requirements to the travel agent. The pilgrim were vaccinated based on directions from travel agent, so there were still pilgrims that got a vaccination in less than 14 days. The Meningococcus Meningitis efficacy vaccine is 95% and it has an effective immune protection for two years. Pilgrims antibodies are formed in 10-14 days after vaccination. The re-vaccination of meningitis can be performed after two years since the previous one (Ministry of Health RI, 2017).

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The vaccination of Meningococcus Meningitis, if carried out less than 14 days, will result in a not fully formed immune system. The implementation of Meningococcus Meningitis vaccination in less than 14 days was covered by the pilgrims who are already vaccinated more than or equal to 14 days due to injection that have properties of herd Immunity (Hikamarida, 2014).

The cases of meningitis in both Hajj and Umrah pilgrims had yet to be found although some pilgrims had been vaccinated less than 14 days in PHO Class I of Tanjung Perak Port Work Area. This is because the nature of vaccination was herd immunity or group immunity. The immunity of the pilgrims that had antibodies also helps protect other pilgrims who are vaccinated less than 14 days before the departure (Nirmala & Harlina, 2017).

# Distribution of *Meningococcus Meningitis* Vaccination Based on Residence

The vaccine administration in PHO Class I of Surabaya Tanjung Perak Port Work Area is under the established ACWY vaccine standards. Meningococcus Meningitis vaccine was also given as one of the conditions for obtaining a visa with the proven ICV (International Certificate Vaccination) (Dani, 2018).

In carrying out the vaccination of Meningococcus Meningitis in PHO Class I of Surabaya Tanjung Perak Port Work Area, 711 pilgrims (24%) were found to carry out vaccinations less than 14 days. The majority of those pilgrims were from Surabaya. That was because the majority of prospective pilgrims from Surabaya got the vaccination in the local area that was easily accessible, namely PHO Class I of Surabaya and vice versa. This situation does not exclude the possibility that the implementation of meningitis vaccination in less than 14 days are also found in other cities. This situation occurs because the pilgrims got the vaccination individually although the socialization of minimum standards for vaccination had been done. Besides being carried out at Port Health Office (PHO), the implementation of Meningococcus Meningitis vaccination can also be carried out at the Government Hospital (Ministry of Health RI, 2017). In carrying out the vaccination of Meningococcus Meningitis in PHO Class I of Surabaya Tanjung Perak Port Work Area, 711 pilgrims (24%) were found to carry out vaccinations less than 14 days. The majority of those pilgrims were from Surabaya. That was because the majority of prospective pilgrims from Surabaya got the vaccination in the local area that was easily accessible, namely PHO Class I of Surabaya and vice versa. This situation does not exclude the possibility that the implementation of meningitis vaccination in less than 14 days are also found in other cities. This situation occurs because the pilgrims got the vaccination individually although the socialization of minimum standards for vaccination had been done. Besides being carried out at Port Health Office (PHO), the implementation of Meningococcus Meningitis vaccination can also be carried out at the Government Hospital (Ministry of Health RI, 2019).

The prevention of carrying out Meningococcus Meningitis vaccination less than 14 days can be done by disseminating information to travel agents throughout East Java. Based on the interviews conducted by the researchers, most of the prospective Umrah pilgrims who got vaccinated less than 14 days prior to departure trusted to travel agents to arrange all requirements in departure preparation, including scheduling vaccinations. Therefore, travel agents and government parties, especially PHO, need to work together in scheduling prospective Umrah pilgrims' immunizations.

#### CONCLUSIONS

The majority of Meningococcus Meningitis vaccination in PHO Class I of Tanjung Perak Port Work Area, Surabaya in December 2018 was carried out on time. However, there were still prospective pilgrims who were not on time to get the vaccination (<14 days). The majority of vaccination activities in the category of less than 14 days were carried out in the range of 5-6 days before the departure. Most of the prospective Umrah pilgrims trusted their travel agents in scheduling vaccinations. Therefore, travel services and government parties, especially PHO, need to work together in scheduling prospective Umrah pilgrims' immunizations.

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