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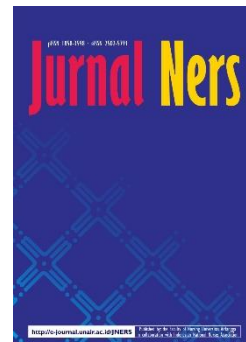
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I. DESCRIPTION

Jurnal Ners provides a platform for original research and scholarship relevant to nursing and other health-related professions. As a peer-reviewed scientific journal, Jurnal Ners is published quarterly (February, May, August, and November) by the Faculty of Nursing, Universitas Airlangga, Indonesia, in collaboration with the Indonesian National Nurses Association.

The journal particularly welcomes studies evaluating and understanding complex nursing care interventions, utilizing the most rigorous research designs and methodologies appropriate for the research questions at hand. Since its inception in 2006, Jurnal Ners has consistently published original, peer-reviewed articles of interest to the international nursing community, establishing itself as one of the longest-standing repositories of scholarship in the field.

Jurnal Ners offers authors several advantages of (1) A highly respected journal in the nursing field; (2) Indexed in major databases, such as [SCOPUS](#), Science and Technology Index ([SINTA](#)); Directory of Open Access Journal ([DOAJ](#)); [ProQuest](#); and EBSCO; (3) Rapid initial screening to assess suitability and editorial interest.. This journal is published and managed by The Institute of Innovation, Journals Development, Publishing, and Intellectual Property Rights ([LIPJPHKI](#)), Universitas Airlangga.

Jurnal Ners has been accredited by the Ministry of Science, Research, Technology, and Higher Education of Indonesia (RISTEKDIKTI RI) since 2010. The current accreditation number, No. 72/E/KPT/2024, is valid until 2028 ([Download the decree](#)).

2. FOCUS AND SCOPE

The scope of this journal includes studies that aim to examine and understand nursing care interventions and health policies, utilizing advanced nursing research from an Asian perspective. Jurnal Ners publishes research related to clinical settings, community health, and health policy in Asia, incorporating both comparative and international viewpoints.

We aim to evaluate and understand complex nursing care interventions in various domains, including Fundamentals of Nursing, Clinical Nursing, Community Health Nursing, and Mental Health Nursing. The journal is also committed to enhancing the quality of nursing research by publishing articles on analytical techniques, measurement tools, and research methodologies, including systematic review papers.

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Jurnal Ners charges a publication fee of IDR 3,000,000 for Indonesian authors and USD 200 for non-Indonesian authors for each manuscript accepted for publication. Authors will be required to pay the publication fee upon receiving editorial acceptance. We consider individual waiver requests for articles submitted to our journal. To apply for a waiver, please send a request during the submission process to our email address. Decisions on waiver requests are typically made within one week.

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6. AUTHOR GUIDELINES

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6.2 Types Of Manuscript

1. Original Articles

Original articles should present clinical studies or research that have not been previously published or are not under consideration for publication elsewhere. The manuscript should not exceed 7,000 words, including the list of authors and their affiliations, corresponding author information, acknowledgments, and figure legends. An abstract of no more than 250 words is required. References should primarily come from international journals indexed by Scopus or Web of Science, and the manuscript may include a maximum of five figures or tables.

2. Systematic Reviews

Systematic reviews are comprehensive, critical assessments of evidence from various data sources related to a specific topic in the field of nursing. A systematic search of relevant data sources must be conducted, and the collected items should be evaluated carefully for inclusion based on predefined inclusion/exclusion criteria. The review should include a detailed description and an analytical graphical representation of the process. The characteristics of the participants or patient populations in the studies included must be described, along with the measures of exposure and outcomes, indicating the corresponding data sources. A structured abstract is required, following the same format as for short reviews. The text should not exceed 7,000 words, including acknowledgments, and may include up to four tables and/or figures.

3. Meta-analyses

Meta-analyses should adhere to the same guidelines as systematic reviews. They are expected to provide comprehensive information and a statistical assessment of pooled estimates for predefined outcomes, study heterogeneity and quality, potential publication bias, meta-regression, and subgroup analyses where appropriate. Authors are encouraged to submit PRISMA flow diagrams, depending on the type of study. Both systematic reviews and meta-analyses will follow the same editorial process as original articles.

6.3 Submission Preparation

Submission preparation ensures that a manuscript meets the journal's initial requirements before submission. Authors must format their manuscripts according to the journal's guidelines, including adhering to the proper structure, citation style, and file organization. Additionally, required documents such as a cover letter and ethical declarations must be prepared and submitted along with the manuscript.

6.3.1 Language

Please ensure your manuscript is written in clear and correct English; both British and American English styles are accepted. Authors who believe their manuscript may benefit from language editing to correct grammatical or spelling errors and to align with proper scientific English conventions are encouraged to use an English Language Editing service. Any additional costs incurred will be the responsibility of the author.

6.3.2 Essential Requirements Before Submitting Your Manuscript

To ensure a smooth submission process and compliance with Jurnal Ners standards, please prepare the following essential requirements before submitting your manuscript:

1. **Reference Management:** The manuscript must utilize a reference manager (Mendeley is recommended).
2. **Title Page:** Include a complete title page as per the journal's guidelines (Template [HERE](#)).
3. **Ethics Approval:** Attach the ethics approval number and specify the ethics committee institution in the manuscript.
4. **Plagiarism Check:** Provide a plagiarism check report with a similarity index of less than 20%.
5. **Template Compliance:** Ensure the manuscript is formatted according to the Jurnal Ners template (Template [HERE](#)).

Submissions that fail to meet any of these five requirements will be immediately rejected. Authors may revise their manuscripts to address the issues and resubmit it for further consideration.

6.3.3 Reporting Guideline

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3. Quasi-experimental/non-randomized evaluations - TREND - Transparent Reporting of Evaluations with Non-randomized Designs, <http://www.cdc.gov/trendstatement/>
4. Randomized (and quasi-randomized) controlled trial - CONSORT - Consolidated Standards of Reporting Trials, <http://www.equator-network.org/reporting-guidelines/consort/>
5. Study of Diagnostic Accuracy/assessment scale - STARD - Standards for the Reporting of Diagnostic Accuracy Studies, <http://www.equator-network.org/reporting-guidelines/stard/>
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Indicate that this submission is ready to be considered by this journal by checking in the following (comments to the editor can be added below).

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4. The author(s) have received consent from the author or editor of any pictures or table quoted from other journals or books. A portion or the entirety of the article must not have been published in other journals, nor must it have contributed to other journals or is still under review.
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All manuscripts, correspondence and editorial material for publication is submitted online at <http://ejournal.unair.ac.id/index.php/JNERS> simply need to "create a new account" (i.e., register) by following the online instructions, and using their own e-mail address and selected password. Authors can submit manuscripts online. Authors can expect an initial decision to undergo peer-review.

6.5 Editorial Process

The editorial process refers to the structured steps undertaken by a publisher or journal to evaluate and decide whether a manuscript is suitable for publication. Generally, this process should take a maximum of 4 months, depending on the complexity of the manuscript, the quality of the research, and the efficiency of the editorial system.

6.5.1 Initial Assessment submission

The Initial Assessment submission involves a review of several administrative requirements to ensure the manuscript meets Jurnal Ners standards. During this stage, the following elements will be checked: Title Page (template here); Reference Style and Citation Management; Ethics Documentation; Turnitin Similarity Report less than 20%. Template Compliance (template here). This initial assessment ensures that submissions

align with the journal's requirements before moving forward in the review process. Please note that if any of these elements are missing, Jurnal Ners will decline the submission. The author may then make the necessary corrections and resubmit. this stage typically takes between 1-2 days of submission.

6.5.2 Initial Editorial Assessment

Jurnal Ners is eager to provide a rapid publication process through an initial assessment conducted by an editorial committee consisting of the editorial team members. The primary purpose is to decide whether to send the paper for peer-review or to reject it. The main point is scope, compliance with the guideline, and language. Sometimes a paper will be returned to the author with a request for revisions with the purpose to help editors in deciding whether or not to send it out for review. Authors may expect the decision of the Initial Editorial Assessment from this stage of the review process within 1-7 days of submission.

6.5.3 Review Process

After passing the Initial Editorial Assessment, the article will be sent to peer-reviewers. The peer-review process involved at least two reviewers for each manuscript selected based on their expertise. All reviewing process is done by the double-blind review, which means the authors and peer-reviewers do not know each other's identity. The reviewers should complete the review within 4-8 weeks in each reviewing round after the review request was sent. Editors can offer feedback on manuscripts that have already undergone revisions by reviewers. This is aimed at supplementing the input to make the article feedback more comprehensive.

1. Review Criteria

Each paper that the editor/s assess as suitable for peer review is allocated to two reviewers who are asked to assess the paper against one of the Journal's three sets of reviewing criteria: Articles submitted for review must be original works, and may not be submitted for review elsewhere whilst under review for the Journal. After review, the Editor-in-Chief will inform the corresponding author on whether the paper has been accepted, rejected, or needs revision. Categories of decision: (a) Accept Minor revisions (accept with revisions as advised by Editors); (b) Major revisions (possible acceptance following major revision and resubmission); (c) Rejection (rejected manuscript will be sent back to authors). All efforts are made to provide fair and thorough reviews as speedily as possible. If an author(s) believes that a manuscript has been wrongly rejected, a detailed appeal letter that responds point-by-point to the reviewers' comments should be sent to the Editor who, after having reviewed the referees' reports, will make the final decision. For these types

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Authors are requested to submit the revision within two weeks for all reviewing process. If not, the submission will be removed from the editorial system and needs to be submitted as a new submission.

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Post acceptance that will be quality control process that tooks 2 weeks.

6.5.5 Decision-Making Process

The decision to accept for publication is based on the peer reviewer's and quality control recommendations, based on editor and reviewers comment. If there is a difference in the two reviewers' recommendations, the editor has the right to decide.

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1. Proofreading

The proofreading process for journal submissions is a critical step aimed at enhancing the manuscript's clarity, language quality, and overall presentation. In the case of the Jurnal Ners, professional proofreaders (Proofers) are engaged to ensure the highest standards of academic writing are met.

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The layout process is the final step in preparing a manuscript for publication, ensuring it aligns with the journal's design standards and provides a professional, reader-friendly format. After proofreading, the manuscript is formatted using the journal's template, including consistent placement of text, tables, figures, and references, as well as adjustments to font, spacing, and pagination. The layout team ensures accuracy and uniformity across all elements, including captions and in-text citations. A proof version is then shared with the author for final review and approval, ensuring the article is polished and publication-ready.

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6.5.8 Publication

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Must be written in Times New Roman Font 12

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Data collection; literature review/analysis; manuscript writing; references.

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Funding Source

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Must be written in Times New Roman Font 12 (Format can be downloaded [HERE](#))

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.....

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The abstract comes after title page in the manuscript. Abstract must be integrated and independent which is consist of introduction and purpose, methods, results, conclusion and suggestion. However, the abstract should be written as a single paragraph without these headers. For this reason, references should be avoided. Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself. Abstract must be written using 150 until 250 words which has no reference and accompanied keywords.

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MATERIALS AND METHODS (Times New Roman 12)

Explain in detail about the research design, settings, time frame, variables, population, samples, sampling, instruments, data analysis, and information of ethical clearance fit test.

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RESULTS (Times New Roman 12)

Result should be presented continuously start from main result until supporting results. Unit of measurement used should follow the prevailing international system. It also allowed to present diagram, table, picture, and graphic followed by narration of them.

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Equation:

$$H' = - \sum_{i=1}^s (P_i)(\log_2 P_i) \dots \dots \dots (1)$$

Remarks:

Figures and Tables placed separated in last page of manuscript and must be as follow:

Figures, tables, and diagram should be **editable** ones.

Figures's remarks placed in bottom with before 4pt. The title of figures placed after the remarks with single space.

The title of tables should be written first with Times New Roman 11, single space and after 6pt. Content of the tables should be written using Times New Roman 10 single space and the remarks of tables placed in the bottom with Times New Roman 10, single space and before 4pt.

Table 1. Effects of plant growth regulator types and concentrations on embryogenic callus induction from leaf tip explants of *D. lowii* cultured in ½ MS medium supplemented with 2.0 % (w/v) sucrose under continuous darkness at temperature of 25 ± 2 °C after 60 days of culture

Table 3. Maternal and child health care-seeking behaviour for the last pregnancy in women aged 15 – 45 years old

Type of care	Age Groups (Years)							
	<30		30 - 39		40 - 45		All Age	
	n	%	n	%	n	%	n	%
Place for antenatal care								
Village level service (Posyandu, Polindes or Poskesdes)	1	9.1	1	4.6	1	3.5	3	4.8
District Level service (Puskesmas/Pustu)	2	18.2	7	31.8	1	3.5	10	16.1
Hospital, Clinics, Private Doctor or OBGYN	1	9.1	4	18.2	2	6.9	7	11.3
Private Midwife	7	63.6	10	45.5	25	86.2	42	67.7
Place of Birth								
Hospital	5	50.0	5	22.7	4	13.8	14	23.0
Birth Clinic/Clinic/Private health professional	5	50.0	15	68.2	21	72.4	41	67.2
Puskesmas or Pustu	0	0.0	2	9.1	0	0	2	3.3
Home or other place	0	0.0	0	0	4	13.8	4	6.6
Ever breastmilk								
No	1	9.1	1	4.6	1	3.5	3	4.8
Yes	10	90.9	21	95.5	28	96.6	59	95.2
Exclusive breastfeeding								
No	4	36.4	10	45.5	18	62.1	32	51.6
Yes	7	63.6	12	54.6	11	37.9	30	48.4

DISCUSSION (Times New Roman 12)

Describe the significance of your findings. Consider the most important part of your paper. Do not

be verbose or repetitive, be concise and make your points clearly. Follow a logical stream of thought; in general, interpret and discuss the significance of your findings in the same sequence you described them in your results section. Use the present verb tense, especially for established facts; however, refer to specific works or prior studies in the past tense. If needed, use subheadings to help organize your discussion or to categorize your interpretations into themes. The content of the discussion section includes: the explanation of results, references to previous research, deduction, and hypothesis.

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CONCLUSIONS (Times New Roman 12)

Conclusion should be explained clearly related to hypothesis and new findings. Suggestion might be added contains a recommendation on the research done or an input that can be used directly by consumer.

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Acknowledgement (Times New Roman 12)

This section is compulsory. Grants, financial support and technical or other assistance are acknowledged at the end of the text before the references. All financial support for the project must be acknowledged. If there has been no financial assistance with the project, this must be clearly stated. The role(s) of the funding organisation, if any, in the collection of data, its analysis and interpretation, and in the right to approve or disapprove publication of the finished manuscript must be described in the Methods section of the text.

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The "Availability of Data and Materials" section in a scientific publication is crucial for ensuring transparency, reproducibility, and credibility of research findings. It refers to the accessibility of the raw data, datasets, or materials used in the study, allowing other researchers to verify results, replicate experiments, or build upon the research.

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Authors' contributions (Times New Roman 12)

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Conflict of Interest (Times New Roman 12)

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REFERENCES (Times New Roman 12)

The author-year notation system is required and completed. All reference mentioned should be written down in reference using **Harvard Cite Them Right 10th Edition** style and arranged from A to Z. Articles have minimal 25 recent references (last 10 years) and 80% is journal. References from journal publication should be provided by DOI. **All cited references must be mentioned in in-text citation.** If you are Mendeley user, please download the reference style here <https://www.mendeley.com/guides/harvard-citation-guide>

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Citation Style:

(Nursalam et al., 2020)
(WHO, 2021)
(Pemerintan RI, 2014)

Reference to a Journal Publication:

Nursalam, N. *et al.* (2020) 'The effect of range of motion exercise on blood pressure, pulse and sleep quality among hypertensive patients', *International Journal of Innovation, Creativity and Change*. Faculty of Nursing, Universitas Airlangga, Mulyorejo Street, Campus C Unair, Surabaya, 60115, Indonesia: Primrose Hall Publishing Group, 13(6), pp. 220–234. Available at: <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85087361125&partnerID=40&md5=b7318712857248d9ea896f85f82d69c9>.

Reference to a Book:

de Virgilio, C. & Grigorian, A. 2019, 'Surgery: A case based clinical review' in *Surgery: A Case Based Clinical Review*, pp. 1-689.

Reference to a Book Section/Chapter:

Harper, M.S. 2021, 'Mental health and mental health services' in *Services to the Aging and Aged: Public Policies and Programs*, pp. 283-297.

Reference to a Website:

WHO (2021) *WHO Coronavirus Disease (COVID-19) Dashboard: Situation by Country, Territory & Area*.

Reference in Conference:

Yuarnistira, Nursalam, N., Rachmawati, P.D., Efendi, F., Pradanie, R. & Hidayati, L. 2019, 'Factors Influencing the Feeding Pattern of Under-Five Children in Coastal Areas', IOP Conference Series: Earth and Environmental Science.

Reference in Statute:

Pemerintah RI (2014) *Undang-Undang Republik Indonesia Nomor 38 Tahun 2014 Tentang Keperawatan*. Indonesia. Available at:
<https://peraturan.go.id/common/dokumen/ln/2014/uu38-2014bt.pdf>.



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