

SUPPLEMENTARY MATERIAL / MATERI TAMBAHAN

Anxiety in Adolescents: Risk Factors Based on the Social Ecological Model

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Supplementary Material 1 / Materi Tambahan 1. Chi-squared Analysis / Hasil uji kai kuadrat

Variable / Variabel	Anxiety Level / Tingkat Gangguan Cemas ^{a, b}			
	Mild-to-Moderate / Ringan - Sedang		Severe-to-Very Severe / Berat - Sangat Berat	
	p	OR	p	OR
History of chronic diseases / <i>Riwayat penyakit kronis</i>	< 0.001	2.96	-	3.73
Sleep quality / <i>Kualitas tidur</i>	< 0.001	4.57	< 0.001	7.87
Past trauma / <i>Trauma masa lalu</i>	0.49	1.82	0.03	5.46
Parents' marital status / <i>Status perkawinan orang tua</i>	0.81	0.89	0.23	1.68
Democratic parenting style / <i>Pola asuh demokratis</i>	0.66	1.12	0.92	0.98
Authoritarian parenting style / <i>Pola asuh otoriter</i>	0.08	2.87	< 0.001	8.26
Permissive parenting style / <i>Pola asuh permisif</i>	0.01	3.09	< 0.001	5.01
Family harmony / <i>Keharmonisan keluarga</i>	0.21	0.35	0.09	2.52
School climate / <i>Iklim sekolah</i>	0.91	0.89	0.03	2.38
Duration of gadget use / <i>Durasi menggunakan gawai</i>	0.42	1.24	0.002	2.38
Religiosity / <i>Religiusitas</i>	0.75	0.88	0.49	0.76
Adequacy of fruit consumption / <i>Kecukupan konsumsi buah</i>	0.59	1.17	0.28	1.37
Adequacy of vegetable consumption / <i>Kecukupan konsumsi sayur</i>	0.48	1.36	0.78	0.89

Note / Catatan. ^a Reference category / *Kategori referensi* = Normal; ^b N = 370; p = significance value / *nilai signifikansi*; OR = Odd Ratio.

Supplementary Material 2 / Materi Tambahan 2. Frequency distribution of research variables /
Distribusi frekuensi variabel penelitian

Variable / Variabel	Category / Kategori	Frequency / Frekuensi (n)	Proportion / Proporsi (%)	Total (%)
Anxiety / cemas	Normal	112	30.3	100
	Mild-to-moderate / Ringan-sedang	125	33.8	
	Severe-to-Very Severe / Berat-sangat berat	133	35.9	
History of chronic diseases / Riwayat penyakit kronis	Presence / Ada	7	1.9	100
	Absence / Tidak ada	363	98.1	
Sleep quality / Kualitas tidur	Poor / Buruk	196	53.0	100
	Good / Baik	174	47.0	
Past trauma / Trauma masa lalu	Presence / Ada	18	4.9	100
	Absence / Tidak ada	352	95.1	
Parents' marital status / Status perkawinan orang tua	Divorced / Cerai	35	9.5	100
	Married / Kawin	335	90.5	
Democratic parenting style / Pola asuh demokratis	No / Tidak	158	42.7	100
	Yes / Ya	212	57.3	
Authoritarian parenting style / Pola asuh otoriter	Yes / Ya	47	12.7	100
	No / Tidak	323	87.3	
Permissive parenting style / Pola asuh permisif	Yes / Ya	69	18.6	100
	No / Tidak	301	81.4	
Family harmony / Keharmonisan keluarga	Disharmonious / Tidak Harmonis	21	5.7	100
	Harmonious / Harmonis	349	94.3	
School climate / Iklim sekolah	Poor / Buruk	16	4.3	100
	Good / Baik	354	95.7	
Duration of gadget use / Durasi menggunakan gawai	Non-ideal / Tidak ideal	246	66.5	100
	Ideal	124	33.5	
Religiosity / Religiusitas	Low / Rendah	44	11.9	100
	High / Tinggi	326	88.1	
Adequacy of fruit consumption / Kecukupan konsumsi buah	Inadequate / Kurang	273	73.8	100
	Adequate / Cukup	97	26.2	
Adequacy of vegetable consumption / Kecukupan konsumsi sayur	Inadequate / Kurang	329	88.9	100
	Adequate / Cukup	41	11.1	