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# Media Gizi Indonesia (National Nutrition Journal)

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*Media Gizi Indonesia* (MGI) has been published since 2004 is a scientific journal that provides articles regarding the results of research and the development of nutrition including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, current issues on food and nutrition. This journal is published once every 3 months: January, May, and September

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## INTRODUCTION TO THE EDITOR

*Media Gizi Indonesia (MGI) is a scientific journal published regularly every 3 months that provides articles regarding the research and the development of nutrition knowledge including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, and current issues on food and nutrition. Media Gizi Indonesia tries to always present a variety of scientific articles in the scope of Nutrition and Health.*

*This volume provides both original research and literature review in the field of nutrition. The literature review are related to body images in adolescents, the function of chlorogenic acid in coffee and obesity, and vitamin D status in thalassemia patient. Meanwhile, original research varies from child nutrition, adolescent health, and elderly nutrition. To date, child and adolescent nutrition has become more attention because a good nutritional status in that period will manifest a better quality of life during adults and elderly period. For that, this current edition of MGI presents several best researches related to child and adolescent nutrition in relation to stunting, preschool children development, and dietary intervention. Besides presenting studies related to child and adolescent nutrition, the current edition of MGI also shows research in food product development for elderly and nutrition related elderly quality of life. More interestingly, this edition also publishes studies related to nutrition education during the covid pandemic in the hope that it can be useful for the wider community.*

*We do hope MGI scientific journals can leverage the development of a writing culture and communicative scientific studies as well as attract readers and writers to participate in MGI for future issues. Media Gizi Indonesia will maintain its role in providing current, relevant, and topical issues in food and nutrition. Hopefully, the works displayed by MGI can provide benefits and enrich the readers' knowledge.*

**Editorial Team**

# Media Gizi Indonesia

## (National Nutrition Journal)

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