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Mailing Address : Redaksi Media Gizi Indonesia
Departemen Gizi Kesehatan
Fakultas Kesehatan Masyarakat, Universitas Airlangga
Kampus C Unair, Jl.Mulyorejo Surabaya 60115
Telp : (031) 5964808/Fax: (031) 5964809

Media Gizi Indonesia (MGI) has been published since 2004 is a scientific journal that provides articles regarding the results of research and the development of nutrition including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, current issues on food and nutrition. This journal is published once every 3 months: January, May, and September

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INTRODUCTION TO THE EDITOR

Media Gizi Indonesia (MGI) is a scientific journal published regularly every 4 months that provides articles regarding the research and the development of nutrition knowledge including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, and current issues on food and nutrition. Media Gizi Indonesia tries to always present a variety of scientific articles in the scope of Nutrition and Health.

This issue provides both original research and literature review in the field of nutrition across the human life cycles. Many of nutritional problems such as under-or overweight, stunting, and micronutrient deficiencies are still prevalent in Indonesia. In this edition, the contributing authors address the impact of nutrition and health behavior among female adolescents and workers, and also pregnant women, and its impact on women's health as well as birth outcomes. In addition, we also include articles about the nutrition profile and metabolic health among other populations including male adolescents, adults, and menopausal women. In this edition, we also add some manuscripts that discuss the various intervention strategies such as nutrition education, cooking control, and food supplementation that has been used to improve the nutrition and metabolic health in human and animal model.

We do hope MGI scientific journals can leverage the development of writing culture and communicative scientific studies as well as attract readers and writers to participate in MGI for future issues. Media Gizi Indonesia will maintain its role in providing current, relevant, and topical issues in food and nutrition. Hopefully, the works displayed by MGI can provide benefits and enrich the readers' knowledge.

Editorial Team

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