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Media Gizi Indonesia (MGI) that has been published since 2004 is a scientific journal that provides articles regarding the results of research and the development of nutrition including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, current issues on food and nutrition. This journal is published once every 4 months: January, May, and September.

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INTRODUCTION TO THE EDITOR

Media Gizi Indonesia (MGI) is a scientific journal published regularly every 4 months that provides articles regarding the research and the development of nutrition knowledge including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, and current issues on food and nutrition. Media Gizi Indonesia tries to always present a variety of scientific articles in the scope of Nutrition and Health.

This volume provides both original research and literature review in the field of nutrition. To date, child and adolescent nutrition has become priority because a good nutritional status in that period will manifest a better quality of life during adulthood and elderly period. For that, this current edition of MGI presents several best research related to child and adolescent nutrition in relation to stunting, preschool children development, and dietary intervention. Besides presenting studies related to child and adolescent nutrition, the current edition of MGI also shows research in food product development to prevent degenerative diseases. More interestingly, this edition also publishes studies related to food waste and diet quality.

We do hope MGI scientific journals can leverage the development of a writing culture and communicative scientific studies as well as attract readers and writers to participate in MGI for future issues. Media Gizi Indonesia will maintain its role in providing current, relevant, and topical issues in food and nutrition. Hopefully, the works displayed by MGI can provide benefits and enrich the readers' knowledge..

Editorial Team

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