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Mailing Address : Redaksi Media Gizi Indonesia
Departemen Gizi Kesehatan
Fakultas Kesehatan Masyarakat, Universitas Airlangga
Kampus C Unair, Jl.Mulyorejo Surabaya 60115
Telp : (031) 5964808/Fax: (031) 5964809

Media Gizi Indonesia (MGI) that has been published since 2004 is a scientific journal that provides articles regarding the results of research and the development of nutrition including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, current issues on food and nutrition. This journal is published once every 4 months: January, May, and September.

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INTRODUCTION FROM THE EDITOR

Media Gizi Indonesia (MGI) is a scientific journal published regularly every 4 months that provides articles regarding the research and the development of nutrition knowledge including community nutrition, clinical nutrition, institutional nutrition, food service management, food technology, and current issues on food and nutrition. Media Gizi Indonesia tries to always present a variety of scientific articles in the scope of Nutrition and Health.

This edition presents a variety of studies focused on toddlers and adolescents. Topics include stunting in toddlers, lifestyle-related nutritional issues in adolescents, and various intervention approaches and nutrition education media for healthy lifestyles. Additionally, RCTs (Randomized Controlled Trials) are included on the effectiveness of Breastmilk Booster on breast milk production and food waste in hospitalized patients. Together, these studies offer valuable insights into advancing public health nutrition through locally driven, evidence-based approaches

We do hope MGI scientific journals can leverage the development of a writing culture and communicative scientific studies as well as attract readers and writers to participate in MGI for future issues. Media Gizi Indonesia will maintain its role in providing current, relevant, and topical issues in food and nutrition. Hopefully, the works displayed by MGI can provide benefits and enrich the readers' knowledge.

Editorial Team

Media Gizi Indonesia

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