Case report

# Handling of endometritis in dairy cow after infection with foot and mouth disease and abortion

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#### ABSTRACT

This study aims to report the handling of endometritis in a dairy cow at Koperasi Agro Niaga Jabung, Malang, Indonesia. A Holstein Friesian cross heifer was diagnosed at 258 days pregnant and clinically suffering from Foot and Mouth Disease. On the 266<sup>th</sup> day of pregnancy, the fetus died, an abortion was diagnosed, and the delivery was assisted by the veterinarian. Furthermore, the cow was treated with 15 mL oxytetracycline intramuscularly. The next day, the veterinarian treated the retained placenta. On the third day after the abortion, the farmer reported that the cow had vaginal discharge which was cloudy white, reddish and smelled bad. The veterinarian treated the cow with an injection of 15 mL of Oxytetracycline. On the sixth day after the abortion, the farmer reported that vaginal discharge still coming out again. Clinical symptoms were, thick, purulent, cloudy, pink discharge from the vagina that hanged in the vulva area and smelled bad. Physical examination showed a body temperature of 40°C, and rectal palpation revealed the uterine wall to be thick, hard, stiff, and getting warmer. Furthermore, the cow was given intrauterine flushing with 1% povidone-iodine (diluted in distilled water), followed by intrauterine administration of 15 mL Oxytetracycline, analgesics, antipyretics, and antispasmodics. Fifteen mL of vitamin B12, ATP, and minerals (Magnesium, Potassium, Sodium selenite) was injected intramuscularly.

Keywords: abortion, endometritis, foot and mouth disease, Holstein Friesian cross, retained placenta

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#### **INTRODUCTION**

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Smallholder dairy cows contribute to fulfilling community's need for milk and its main products. Reproductive health is needed to ensure the continuity of the milk production cycle and to produce calves once a year as a source of income for farmers. However, in some conditions, reproductive disorders can reduce milk production, causing infertility and sterility. One of the reproductive disorders is abortion. Abortion is the inability of the fetus to survive after the completion of the organogenesis process. Infectious and noninfectious factors can cause abortion in dairy cows. Non-infectious factors can come from genetic problems, nutrition, trauma, twin fetuses, and artificial insemination in early pregnant cows. Meanwhile, infectious causes generally come from viruses, bacteria, and protozoa. Viruses that are commonly known to trigger abortions in general are Infectious Bovine Rhinotracheitis, Rhinotracheitis Infectious Bovis, Infectious Bovine Necrotic

Rhinotracheitis, Necrotic Rhinitis, Red Nose Disease, Bovine Coital virus. In addition, abortion can be triggered by the Foot and Mouth Disease (FMD) virus in pregnant cows (Ranjan *et al.*, 2016). Since FMD outbreaks returned to Indonesia, only one report has been published on FMD in pregnant dairy cows, followed by abortion (Ismail *et al.*, 2023).

Improper handling of abortion will cause secondary infections such as endometritis which can threaten the fertility of dairy cows. Endometritis is defined as inflammation of the endometrium. Endometritis begins with the mobility of the normal bacterial flora from the cervix and vagina into the uterine cavity (Zobel, 2013). Furthermore, secondary infection occurs by anaerobic species such as Peptostreptococcus, Peptococcus, Bacteroides, Prevotella, and Clostridium; and aerobic species include Streptococcus sp, Enterococcus, Staphylococcus, Klebsiella pneumoniae, Proteus sp, and Escherichia coli (Wagener *et al.*, 2014). The uterine cavity and its contents are generally sterile during gestation and before parturition. At the time of parturition or shortly after, the uterine lumen is contaminated with microorganisms from the environment, skin, and animal feces (Appiah *et al.*, 2020). Secondary infections can exacerbate endometritis. This study discusses the first report of endometritis in dairy cow after FMD infection and abortion.

## **METHODS**

This case occurred at the Koperasi (Cooperative) Agro Niaga, Jl. Suropati No. 4-6, Putuk Rejo, Kemantren, Kec. Jabung, Malang Regency, East Java 65155. The coordinates of the cooperative were at 7.9454° S, 112.7485° E (Figure 1).



**Figure 1** Location of endometritis case in dairy cow after FMD infection and abortion in Koperasi Agro Niaga Jabung, Malang, Indonesia

### Anamnesis

In this case, the dairy cow was Holstein Friesian cross heifer, about two years old, weighing about 150 kg, and had a body condition score of 1 on five-point scales (Figure 2). On 12 November 2021, the cow was in estrus and was artificially inseminated. Rectal diagnosis on 28 July 2022 determined the cow was pregnant. Based on the date of artificial insemination, gestational age was 258 days. However, on that date, the cow was clinically diagnosed with FMD. On 5 August 2022 (266 days of pregnancy), the cow showed signs of calving and were assisted by a veterinarian, but unfortunately, the fetus died. Up to 24 hours after delivery, the cow reportedly had not released its placenta and was being treated by a veterinarian. On 8 August 2022 (two days after being diagnosed with retained placenta), there was cloudy reddish white vaginal discharge that smelled bad, and the case was handled by a veterinarian. Three days after treatment (11

August 2022), the farmers reported again that vaginal discharge was still coming out of the cow's vagina.



**Figure 2** Dairy cow with endometritis after FMD infection and abortion (weighing approximately 150 kg, body condition score of 1 on a 5-point scales).

# **Clinical symptoms**

Thick, cloudy, purulent, pink vaginal discharge (Figure 3), hanged over the vulva area, and had unpleasant odor. The cow had a fever, constantly strained, and the tail was often lifted.

### **Physical examination**

The cow had a fever with a rectal temperature of 40°C. Manual rectal palpation reveals that the uterine wall was thick, hard, stiff, and warmer than usual and discharged purulent, cloudy, thick, pink mucus from the vagina.

### Diagnosis

Based on the history, physical examination, and clinical findings, the dairy cow was

diagnosed with post-abortion endometritis. Whereas abortion was presumably caused by FMD infection.



**Figure 3** Purulent pink discharge from the vagina of a dairy cow with endometritis after FMD infection and abortion



**Figure 4** Intrauterine treatment of endometritis in dairy cows after FMD infection and abortion

# RESULTS

When abortion occurred, the cow was treated with 15 mL intrauterine oxytetracycline. After 24 hours post-abortion, retained placenta was treated by manual removal of the placenta followed by an intrauterine deposition of 15 mL oxytetracycline. Two days after the treatment for retained placenta, when the vaginal discharge cloudy white, reddish and smelled bad, the cow was treated with 15 mL oxytetracycline intrauterine. However, three days later, vaginal discharge was still coming out. Cow was treated intrauterine flushing using 1% povidone-iodine in distilled water (Figure

4). Treatment was followed by intrauterine administration of 15 mL of Oxytetracycline and intramuscular injection of analgesics, antipyretics, antispasmodics, vitamins, ATP, and the minerals, 15 mL each respectively.

## DISCUSSION

FMD can cause abortion in pregnant cows due to vertical transmission of the virus to the fetus (Ranjan et al., 2016). Ismail et al. (2023) reported that of 69 FMD pregnant cows in Sukamuni. Cilawu, Garut. West Java. Indonesia, 5 (7.25%) had abortions, and one (1.45%) had a premature delivery. COW Abortion and the body condition score significantly affected retained placenta (Islam et al., 2012). Usually, the bovine placenta expelled 3-8 hours after parturition. Placental retention occurs if the fetal membranes fail to be released 12-24 hours after calf delivery (Li et al., 2022). Retained placenta can increase the risk of endometritis, metritis, and pyometra, which cause cow infertility (Li et al., 2022).

Endometritis is inflammation of the endometrial lining of the uterus. Endometritis generally occurs after 20 days postpartum, very abnormal parturition (Rouse et al., 2019), such as abortion, retained placenta, premature birth, multiple births, dystocia, and injuries caused by tools used during less clean births (Osawa, 2021). Fetal death, seasonal factors, and bacterial infections were factors for endometritis in smallholder dairy farms (Lee et al., 2018). The pathogenesis of endometritis begins with a bacterial infection that enters the vagina and penetrates the cervical canal, causing uterine contamination and disrupting the defense system and normal uterine function. Bacterial infection can enter when the cervix is open such as during the peripartum period. Endometritis could originate from a non-aseptic retained placenta (Mamas, 2018). The condition of the surface of the epithelial cells of the postpartum uterus will be damaged, filled with cell debris and fluids that facilitate bacterial growth (Sicsic et al., 2018). Pathogenic organisms in the endometrium will penetrate the epithelial cells and release toxins. The high concentration of lipopolysaccharide causes an immunodepressant, preventing leukocyte cells from entering the uterus to fight bacteria. The animal's immunity will decrease, and there will be an increase in inflammatory cells in the uterus which interfere with reproductive performance (Sheldon *et al.*, 2019). This inflammation will result in delayed uterine involution, embryo damage, follicular changes in the ovaries, and disruption of the luteal phase, which can end in infertility or infertile conditions (Chastant and Saint-Dizier, 2019; Negasee, 2020).

The most prominent and observable abnormality in clinical endometritis is purulent or mucopurulent discharge from the vulvar opening (de Lima, 2020). Additionally, the endometritis cows will appear feverish, with temperatures above average up to 40°C (Liu et al., 2019), accompanied by dull fur, decreased appetite, and decreased milk production (Espadamala et al., 2018). Rectal palpation is the most commonly used diagnosis of endometritis in the field; the uterus will be felt stiff and inelastic (Okawa et al., 2017). Another way of diagnosis is with a vaginoscope. The vaginoscope allows evaluation of fluid characteristics in the anterior vagina and external cervix for the diagnosis of endometritis (Leutert et al., 2012). Purulent discharge in the uterus with a cervical diameter greater than 7.5 cm after 20 days postpartum or purulent discharge after 26 days postpartum indicated infection of the lining of the uterus (Negasee, 2020). Post-abortion endometritis in cows can be treated by intrauterine flushing using 1% povidone-iodine in distilled water (Mido et al., 2016; Yoshida et al., 2020). povidone-iodine is an effective bactericide for intrauterine therapy endometritis (Okawa 2017). in et al. Intrauterine administration of Oxytetracycline (15 mL) was intended to inhibit and terminate growth of bacteria. Therapy using the oxytetracycline is widely carried out to treat endometritis. Oxytetracycline binds to the 30S ribosomal subunit of pathogenic bacteria. After this antibiotic bind, this antibiotic will interfere with the formation of the bond between the aminoacyl-tRNA and the mRNA molecule,

thereby inhibiting bacterial protein synthesis (Mamas *et al.*, 2018).

Supportive treatment for endometritis can use intramuscular injections of analgesics, antipyretics, and antispasmodics, as well as vitamins and ATP, 15 mL each (Mileva et al., 2020). Cow in this study were given 15 mL Dipyrone® (containing 250 mg Dipyrone and 2% lidocaine) intramuscularly. Dipyrone is a antipyretic, non-opioid analgesic, and antispasmodic drug for the relief of persistent and severe pain and fever (Kötter et al., 2015). Dipyrone has an anti-inflammatory effect caused by reducing the production of prostaglandins at the site of inflammation. The antipyretic and analgesic effects of dipyrone block the synthesis of endogenous pyrogens (prostaglandins D and E) (Passoni et al., 2022). Meanwhile, lidocaine also functions as an analgesic by blocking sensory nerve fibers before motor nerve fibers and allows selective sensory blockade at low doses (Imani Rastabi et al., 2018). Injectable drugs containing Vitamin B12 are intended to maintain the liver for at least 28 days (Gonzalez-Rivas et al., 2021). Adenosine Triphosphate and minerals (Magnesium, Potassium, Sodium selenite) were administered restore animal health to (Buczinski et al., 2022).

# CONCLUSION

A pregnant cow infected with Foot and Mouth Disease had an abortion at 266<sup>th</sup> day of pregnancy; a retained placenta was diagnosed a day later, and endometritis was detected for up to five days. Cow was treated by intrauterine flush using 1% povidone-iodine (in distilled water). followed by an intrauterine administration of 15 mL Oxytetracycline, as well as intramuscular injection of Dipyrone (analgesics, antipyretics, antispasmodics, and lidocaine), vitamin B12, ATP, and minerals (Magnesium, Potassium, Sodium selenite), 15 mL respectively.

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