



- Peran orangtua dalam membimbing menyikat gigi dengan kejadian karies gigi anak prasekolah
- Faktor kejadian diare pada balita dengan pendekatan teori Nola J. Pender di IGD RSUD Ruteng
- Peningkatan pengetahuan dan keterampilan perawat dalam pelaksanaan metode Kanguru pada BBLR melalui penyuluhan
- Penyuluhan kesehatan tentang program deteksi dini gangguan pendengaran meningkatkan pengetahuan dan sikap orang tua bayi usia 0 – 3 bulan
- Pendidikan kesehatan: dukungan suami kepada ibu *post partum* di rumah sakit Bhayangkara (RSB) Kupang
- Analisis faktor yang berhubungan dengan nyeri sendi ibu *post partum*
- Paritas dan IMT (Indeks Massa Tubuh) berhubungan dengan mioma uteri pada wanita usia subur
- Faktor yang berhubungan dengan pemilihan metode persalinan pada ibu *primipara*

**Diterbitkan oleh:
Departemen Keperawatan Maternitas & Anak Fakultas Keperawatan
Universitas Airlangga**

Pedimaternal Nursing Journal (PNJ)	Vol. 3	No. 2	Hal. 79	Surabaya, April 2015	ISSN 2355-1577
------------------------------------------	-----------	----------	------------	-------------------------	-------------------

Table of Contents

No.	Title	Page
1	The Correlation Between Parentsâ€™ Role In Guiding To Brush Teeth And Dental Caries Case In Preschool Children	223 - 229
2	Factors Correlated With The Incidence Of Diarrhea In Infants with Nola J.Pender Approach in Emergency Room of RSUD Ruteng	230 - 249
3	The improvement of knowledge and skill sofursesinthe kangaroo mother care method for low Birth weight infants through counseling	250 - 259
4	Health Education About the Early Detection Hearing Disorders Increasing Knowledge And Attitude of Parents Baby Age 0-3 Months	260 - 266
5	The Effect of Health Education: Husbandâ€™s Support for Postpartum at Bhayangkara Hospital Kupang	267 - 273
6	Analysis Factors Related to Primary Dysmenorrhea in Adolescent Girls at MTS Negeri Surabaya II	274 - 281
7	The Analyze Factor that Related with Joint Pain in Postmenopausal Mothers	282 - 288
8	Parity and BMI (Body Mass Index) that Related with Myoma Uteri in Women of Childbearing Age	289 - 295
9	Analysis of Factors Related to Delivery Method in a Primiparous Mother	296 - 303

The Effect of Health Education: Husband's Support for Postpartum at Bhayangkara Hospital Kupang

PENDIDIKAN KESEHATAN: DUKUNGAN SUAMI KEPADA IBU POST PARTUM DI RUMAH SAKIT BHAYANGKARA (RSB) KUPANG

1. Yosina Martha Ingir Tamonob --> Mahasiswa Fakultas Keperawatan / yomhitamonob@yahoo.co.id
2. Mira Triharini --> Dosen Fakultas Keperawatan / yomhitamonob@yahoo.co.id
3. Retnayu Pradanie --> Dosen Fakultas Keperawatan / yomhitamonob@yahoo.co.id

Abstract

Introduction: One of Social support for postpartum was comes from husband. Support is an assist form which is felt by someone that comes from interpersonal relationship. Support from husband is an important factor that contribute to decrease fatigue and improve maternal health of a postpartum mother. An effort to increase husband's support for the mother is by giving health education. **Methods:** Design used in this research was quasy - experiment with post test only control group design. The population was postpartum mothers at Bhayangkara Hospital Kupang. Twenty couple matched the inclusion and exclusion criteria became the sample. Independent variable was health education and the dependent variable was husband's support. Data were analyzed using Mann Whitney test with level of significance $\alpha=0.05$. **Results:** The results showed that health education increase husband's support for postpartum mothers with $p=0.00$. **Discussion:** The study, concluded that health education improve husband's support for postpartum mother at Bhayangkara Hospital Kupang. This can be the first step for midwives and nurses to provide further health education related to the husband 's support for postpartum.

-

Keyword : postpartum, health, education, husband, support, ,

Daftar Pustaka :

1. **Efendi, F & Mahfudli, (2013).** Keperawatan Kesehatan Komunitas: Teori dan Praktik dalam Keperawatan. Jakarta : Salemba Medika