



- Peran orangtua dalam membimbing menyikat gigi dengan kejadian karies gigi anak prasekolah
- Faktor kejadian diare pada balita dengan pendekatan teori Nola J. Pender di IGD RSUD Ruteng
- Peningkatan pengetahuan dan keterampilan perawat dalam pelaksanaan metode Kanguru pada BBLR melalui penyuluhan
- Penyuluhan kesehatan tentang program deteksi dini gangguan pendengaran meningkatkan pengetahuan dan sikap orang tua bayi usia 0 – 3 bulan
- Pendidikan kesehatan: dukungan suami kepada ibu *post partum* di rumah sakit Bhayangkara (RSB) Kupang
- Analisis faktor yang berhubungan dengan nyeri sendi ibu *post partum*
- Paritas dan IMT (Indeks Massa Tubuh) berhubungan dengan mioma uteri pada wanita usia subur
- Faktor yang berhubungan dengan pemilihan metode persalinan pada ibu *primipara*

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Table of Contents

No.	Title	Page
1	The Correlation Between Parentsâ€™ Role In Guiding To Brush Teeth And Dental Caries Case In Preschool Children	223 - 229
2	Factors Correlated With The Incidence Of Diarrhea In Infants with Nola J.Pender Approach in Emergency Room of RSUD Ruteng	230 - 249
3	The improvement of knowledge and skill soft nurses in the kangaroo mother care method for low Birth weight infants through counseling	250 - 259
4	Health Education About the Early Detection Hearing Disorders Increasing Knowledge And Attitude of Parents Baby Age 0-3 Months	260 - 266
5	The Effect of Health Education: Husbandâ€™s Support for Postpartum at Bhayangkara Hospital Kupang	267 - 273
6	Analysis Factors Related to Primary Dysmenorrhea in Adolescent Girls at MTS Negeri Surabaya II	274 - 281
7	The Analyze Factor that Related with Joint Pain in Postmenopausal Mothers	282 - 288
8	Parity and BMI (Body Mass Index) that Related with Myoma Uteri in Women of Childbearing Age	289 - 295
9	Analysis of Factors Related to Delivery Method in a Primiparous Mother	296 - 303

Parity and BMI (Body Mass Index) that Related with Myoma Uteri in Women of Childbearing Age

PARITAS DAN IMT (INDEKS MASSA TUBUH) BERHUBUNGAN DENGAN MIOMA UTERI PADA WANITA USIA SUBUR

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Abstract

Introduction : Uterine myomas are benign tumors of uterine smooth muscle cells are composed of smooth muscle tissue, connective tissue and collagen fibroids. In Indonesia myoma uteri was found 2.39% - 11.7% of all gynecological patients treated. The exact cause of uterine myoma is had known for certain until today. Risk factors such as age of menarche, family history, body mass index (BMI), parity and type of contraception can cause uterine myoma. This study aims to determine the factors correlating with the incidence of uterine myomas in women of childbearing age in Poly Gynecology, dr.Mohamad Soewandhi Hospital, Surabaya. **Method :** This research used a case control design. Populations were all women who visit to Poly Gynecology. It used purposive sampling technique. Total sampel were 30 patients with myoma uteri and 30 women of childbearing age. The independent variable was the age of menarche, family history, BMI, parity, type of contraception and the dependent variable was the incidence of uterine myoma. Data were collected by interviews, weight scales, height measurement and medical records. The analysis used Chi Square / Fisher's Exact Test with level of significance of α 0,05. **Result :** The results showed that age of menarche ($p = 0.158$) and family history ($p = 0.100$) had no correlation with myoma uteri. Body Mass Index ($p = 0.009$), parity ($p = 0.00$) and type of contraception ($p = 0.00$) had correlation with myoma uteri. **Discussion :** Every woman more aware about the disease of reproductive age, especially myoma uteri by reducing foods that contain estrogen such as meat and beans.

Keyword : myoma, uteri, BMI, Paritas, ,

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