

GUIDELINES FOR AUTHOR

SURABAYA PHYSICAL MEDICINE AND REHABILITATION JOURNAL

Surabaya Physical Medicine and Rehabilitation Journal provides a forum for publishing the original research articles, case report articles, systematic review articles from contributors, and the novel technology news related to physical medicine and rehabilitation including neuromuscular, musculoskeletal, cardiorespiration, pediatric, geriatric, and sport.

The official language of the manuscript to be published in SPMRJ is English. All papers submitted to the journal should be written in good English. Authors for whom English is not their native language are encouraged to have their paper checked before submission for grammar and clarity. English language and copyediting services can be provided by International Science Editing and Asia Science Editing. The work should not have been published or submitted for publication elsewhere.

A. MANUSCRIPT PREPARATION

1. Manuscripts should be typed on A4 size paper in clear, concise Indonesian or English, double-spaced. Authors are requested to reserve margins of at least 2.5 cm all around the paper. **Original drawings of photos, tables and figures should be furnished together with the manuscripts.**
2. Manuscripts should be kept to a minimum length and should be subdivided into labeled sections: **Title page, Abstract, Keywords, Introduction, Materials and Methods, Results, Discussion, Conclusion, Acknowledgment, and References.**
3. **A title page** is to be provided and should include the title of the article, authors' names with full first name (without degrees), authors' affiliation, suggested running title and corresponding mail. The affiliation should comprise the department, institution (usually university or company), city and state (or nation).
4. The suggested running title should be less than 50 characters (including spaces) and should comprise the article title or an abbreviated version thereof. For office purposes, the title page should include the name and complete mailing address, telephone and fax number, and email of the corresponding author.
5. An **abstract no longer than 250 words** for reviews and research articles is to be provided as the second page. Abstract should be **structured as background, aim(s) (including purpose setting), materials and methods, results, and conclusion.** The abstract of the review articles are not structured.

6. **A list of 5-8 keywords**, chosen from the Medical Subject Headings (MeSH) list, is to be provided directly below the abstract. Keywords should express the precise content of the manuscript, as they are used for indexing purposes. Provide keywords list in an alphabetical order separated by commas in italic font.
7. Tables in limited numbers should be self- explanatory, clearly arranged, and supplemental to the text. The captions should be placed above.
8. Figures should be utilized only if they augment understandability of the text. The same data should not be presented in tables, figures and text, simultaneously. The captions should be placed below. Drawings and graphs should be professionally prepared with a minimum resolution of 300 DPI. In a figure or table, define the abbreviations used in a footnote.
9. Authors should disclose, at the time of submission, information on interests that may influence the manuscript results and conclusions.
10. Acknowledgment: Acknowledgments, sponsorship or grants should be written after the main text and before the references.
11. References in limited numbers and up-to-dated must be numbered consecutively in order of citation in the text (***number in parentheses***), **see Vancouver style references guideline**. Print surnames and initials of all authors when there are six or less. In the case of seven or more authors, the names of the first six authors followed by et al. (Italic). should be listed.

Below are some examples of how to cite sources within the text of your paper:

- Mullan¹ described narration as...
- Simons et al.³ state that the principle of effective stress is 'imperfectly known and understood by many practicing engineers.
- The narration of works can be divided into two².
- In the Royal Commission's landmark report⁵,
- Several studies^{6-9,13,15} have examined the effect of congestion charging in urban areas.

Below are examples how to write references:

Format for citing journal article:

- Amagliani RM, Peterella JK and Jung AP. Type of Encouragement Influences Peak Muscle Force in College - Age Women. Int J Exerc Sci. 2010; 3(4): 165-173. **(printed journal)**

- Wang F, Maidment G, Missenden J, Tozer R. The novel use of phase change materials in refrigeration plant. Part 1: Experimental investigation. *Applied Thermal Engineering*. 2007;27(17-18): 2893-2901. Available from: doi:10.1016/j.applthermaleng.2005.06.011. **(online journal)**

Format for citing book (printed):

- Evetovich T and Ebersole K. Adaptations to Resistance Training. In: ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription 5 th edn. Philadelphia: Lippincott Williams & Wilkins. 2006; pp. 325-335.
- Balali-Mood M, Abdollahi M. Basic and Clinical Toxicology of Organophosphorus Compounds. 1st ed. Springer; 2014.

Format for citing book (online):

- Grech ED. ABC of interventional cardiology. 2nd ed. Chichester: Wiley blackwell; 2011 Available from: <https://ebookcentral.proquest.com/lib/imperial/detail.action?docID=822522> [Accessed 6th July 2017].

Format for citing chapter in an edited book:

- Partridge H, Hallam G. Evidence-based practice and information literacy. In: Lipu S, Williamson K, Lloyd A. (eds.) Exploring methods in information literacy research. Wagga Wagga, Australia: Centre for Information Studies; 2007. p.149-170.

Format for citing electronic publication:

- Atkin M. Bermagui forest disputed turf. The Hack Half Hour [Internet]. 2008 Nov 13 [cited 2009 April 2]. Available from: <http://www.abc.net.au/triplej/hack/notes/>

Format for citing proceeding:

- Author. Title of conference paper followed by, In: Editor/Organisation (if it is an editor always put (ed.) after the name). Title (this should be in italics). Place of publication. Publisher. Year of publication. Page numbers.
- Rachmah, Q., Wantanee, K. Secondary Analysis Of Total Diet Study Data, In: 4th Asian Academic Society International Conference (AASIC). *Energy Distribution Of Macronutrient Among Adolescents In Indonesia*. Jakarta. AASIC. 2016. p170-176.

12. **SPMRJ will only accept manuscript which submitted through online journal submission.**
13. **Manuscripts that do not conform to the format described above will be rejected immediately**
14. Please **upload originality form** and **request of manuscript acceptance form** in the manuscript submission process. These forms can be access in the "Instruction for Author" menu.
15. Manuscript **submission guidelines** can be access in "Instruction for Author" menu.

