## SPMRJ

## **Surabaya Physical Medicine** and Rehabilitation Journal

#### **ORIGINAL ARTICLES**

Cardiovascular Responses, Physical Activity Intensity, and Enjoyment Level of Nintendo Switch™ Exergaming, Comparing Different Tempos and Playing Modes: A Pilot Study

Bayu Aji Mayogya Putra, Reni Hendrarati Masduchi, Martha Kurnia Kusumawardani

The Effects of Moderate Intensity Treadmill Exercise with Gradual Increase of Speed and Inclination on VO2max in Men with Type 2 Diabetes Mellitus

Mas'adah, Damayanti Tinduh, Nur Sulastri, Sony Wibisono Mudjanarko

Comparison of Hamstrings and Quadriceps Femoris Muscle Thickness Increment between Agonist-Antagonist Paired Set and Traditional Set Resistance Training in Untrained Healthy Subjects

Gutama A. Pringga, R. A. Meisy Andriana, Indrayuni Lukitra Wardhani, Lydia Arfianti

Effectiveness of Deep Cervical Flexor (DCF) Exercise on Neck Functional Scores in Helicopter Crew with Mechanical Neck Pain
Nurika Amalina, Erna Setiawati

**Prevalence of Knee Injury in East Java's Puslatda Fencing Athletes**Farah Yusrania, Damayanti Tinduh, Dwikora Novembri Utomo, Lilik
Herawati

#### **CASE REPORT**

Rehabilitation Management of Post Palatoplasty in Adolescent: Case Report

Dewi Kusuma Hartono

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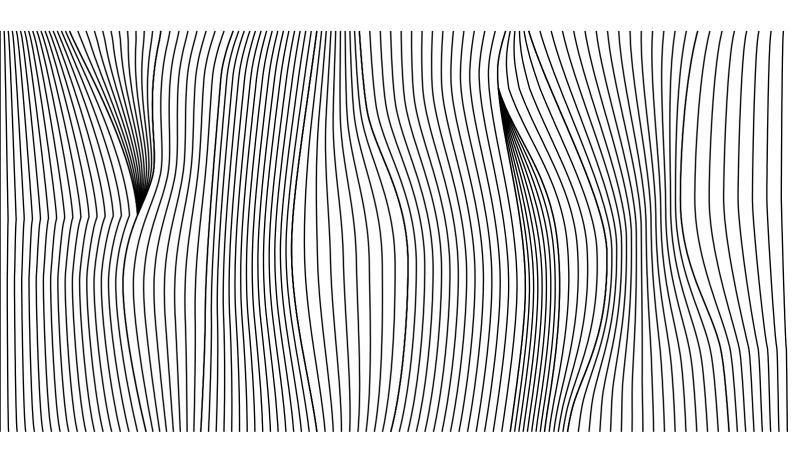
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## **EDITORIAL NOTE**

Surabaya Physical Medicine and Rehabilitation Journal (SPMRJ) is a journal formed by the Department of Physical Medicine and Rehabilitation Faculty of Medicine Universitas Airlangga. Due to the increasing number of scientific papers, it is necessary to create a Journal that can publish the work. This journal provides a forum for publishing the original research articles, case reports, review articles and the novel technology news from contributors, related to physical medicine and rehabilitation. *SPMRJ* began publication in 2019 and publishes twice a year in February and August. We open up opportunities for contributors from various fields to submit articles related to physical medicine and rehabilitation for the next edition.

Regards,

**EDITOR** 

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